

# CURRICULUM VITAE

IGNATIA (NADIA) FARMAKOPOULOU

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## PERSONAL INFORMATION

**Name:** Farmakopoulou Ignatia  
**Position:** Assistant Professor, Department of Education and Social Work, University of Patras, Greece  
**Subject:** Social Work with emphasis in Family Counselling  
**Date of birth:** 11/11/1972  
**Family status:** Married (with two children)  
**Τηλέφωνο:** 6973351825  
**Email:** [ifarmakop@upatras.gr](mailto:ifarmakop@upatras.gr)

## STUDIES

### POSTGRADUATE STUDIES

- 1996-1999** Ph.D. in Social Sciences, University of Edinburgh, Department of Social Policy, and Social Work.  
**Ph.D.Title:** «Collaboration between education and social work authorities in assessing children’s special educational needs».
- 1995-1996** Master of Arts in Social Work, Kent University, Department of Social Policy and Social Work, UK.  
**Dissertation’s Title:** «Empowerment of children with disabilities and their families».

### UNDERGRADUATE STUDIES

- 1991-1994** Graduate of Technological Educational Institute of Athens, Department of Social Work  
**Degree Title:** “Social integration of physically disabled children in ordinary schools: Comparative study of Scotland/Greece”.
- 6 Months Practice:** Erasmus Program: Social Work at a Special School for children with Cerebral Palsy (Westerlea School, Edinburgh).

## TEACHING EXPERIENCE

### **A. Teaching in Postgraduate Programs**

#### **Teaching at the National Centre for Public Administration and Local Government**

- 2023-Now**      **Teaching at the National Centre for Public Administration and Local Government, Course 'Social Welfare'.**
- 2021- Now**      **Teaching Staff of the Postgraduate Program of Studies, Department of Education and Social Work, (TEPEKE), University of Patras, entitled "Mental Health of Children and Adolescents, Addictions and New Technologies".**  
**Course:** Family Treatment of Dependent (Drug Users) Individuals
- 2017- Now**      **Teaching Staff of the Postgraduate Program of Studies, School of Medicine, EKPA, entitled "Mental Health of Children and Adolescents".**
- Course: 1**      "Clinical Assessment and Diagnosis in Social Work: Social Research"
- Course: 2.**      "Role of Social Service in the General Pediatric Hospital"
- Course: 3**      "Social Worker's Assessment: Receiving psychosocial history and interview"
- Course: 4**      "Child abuse and neglect of children and adolescents. Contemporary Types and Approaches"
- Course: 5**      "Institutional Care: Advantages and Disadvantages"
- Course: 6**      "Alternative Forms of Child Protection: Foster Care"
- Course: 7**      "Alternative Forms of Child Protection: Adoption"

## **B. Teaching in Post-educational Studies**

- 2015- Now**      **Teaching Staff of the Postgraduate Program of the Hellenic Scientific Company for the Study of ADHD** entitled "Assessment and Treatment of Infants, Children and Adolescents with Attention Deficit Disorder."  
**Course:** "Interdisciplinary Teacher-Parent Collaborative Consultation in the Detection, Diagnosis and Treatment of ADHD and its associated problems"
- 2015-2020**      **Teaching Staff of the Postgraduate Programme, School of Medicine EKPA**, entitled "Child-adolescent mental health, needs of the family. Promotion of mental health of families with children-adolescents"  
**Course:** "Neglect and Abuse of Children and Adolescents"
- 2011-2018**      **Teaching Staff of the Postgraduate Program of Pediatric Nursing of the General Children's Hospital "Agia Sophia"**  
**Course: 1** «Management and Counseling of Divorced or Separated Parents with Children and Adolescents"  
  
**Course: 2.** "The Role of Social Service of the Children's Hospital-Cooperation with Outpatient Agencies and Institutions"  
  
**Course:3.** "Management of Prosecutorial Cases in the Pediatric Hospital"  
  
**Course:4.** "Counseling of Parents in Crisis Situations"  
  
**Course:5** "Psychological Preparation of Children for Medical and Nursing Operations"  
  
**Course:6.** "Parent Counseling in Conflict Divorces"  
  
**Course:7.** "Counseling Parents of Children with Chronic Diseases"
- 2002-2004**      **Teaching Staff of the Postgraduate Program of the Department of Counselling & Guidance**  
**Course:** "Counselling and Vocational Counselling and Career Guidance".

### C. Teaching in Undergraduate Programmes

2020- Now

**Assistant Professor, Department of Education and Social Work, (Social Work Division) University of Patras, Greece**

In the former ATEI, Department of Social Work

**Course: 1.** "Interdisciplinary Collaboration"

**Course: 2.** "Supervision of Social Work Practice I"

**Course: 3.** "Supervision of Social Work Practice II"

**Course: 4.** "Social Work with Families: Workshop"

**Course: 5.** "Social Work with Families: Theory"

**Course: 6.** "Social Planning"

**Course:7.** "Psychotherapeutic Approaches to Social Work:  
Family Therapy"

**Course: 8.** "Graduate's Seminar"

At Social Work Division (TEpEKE)

**Course: 1.** "Family Counselling in the Context of Social Work"  
ESW\_242, Spring 4th Semester, Theory, Compulsory Course

**Course: 2** "Domestic Violence and Abuse"  
ESW\_344, Autumn Semester 5, Theory, Optional Course

**Course:3.** "Interdisciplinary and Inter-agency Collaboration"  
ESW\_346, Spring Semester 6, Theory, Optional Course

**Course:4.** "Social Work in Situations of Psychological Crisis"  
ESW\_340, Spring Semester 6, Theory, Compulsory Course

**Course:5.** "Social Work with Families: Theory"  
ESW\_431 Autumn Semester G, Theory, Compulsory Course

**Course:6.** "Diagnostic Methods: Individuals and Groups"  
ESW\_432 Spring Semester H, Theory, Compulsory Course

**Course:7.** "Dissertations".  
ESW\_438 Spring Semester H, Dissertations, Optional Course

**Course:8.** "Seminars for graduates"

ESW\_346, Spring Semester H, Theory, Optional Course

- 2002-2004**      **Scientific Associate at ASPAITE, Athens**
- Course: 1** "Counselling and Guidance: Theory"
- Course: 2** "Educational Counselling: Theory".
- Course: 3.** "Vocational Psychology: Theory"
- Course: 4.** "Communication and Interpersonal Relationships in Counseling and Guidance"
- 2002-2003**      **Scientific Assistant at TEI of Athens, Department of Social Work**
- Course: 1** «Social Research I"
- Course: 2** «Social Research II"
- Course: 3** "Supervision of Social Work Practice I"
- Course: 4.** "Social Work and Social Problems"
- 2001-2002**      **Research Associate, Democritus University of Thrace, Department of Social Administration, Direction of Social Work.**
- Course: 1** "Supervision of Social Work Practice I"
- Course: 2** "Social Work with Groups"
- 2001-2002**      **Research Associate, Department of Social Work, TEI of Patras.**
- Course: 1** "Supervision of Social Work Practice I"
- Course: 2** "Social Research I"
- Course: 3.** "Social Research II"
- 1999-2000**      **Teaching Assistant (Tutor) in Social Policy II, University of Glasgow, Department of Social Policy, and Social Work.**
- Course:** "Social Policy II"
- 1998-1999**      **Teaching Assistant (Tutor) in Social Policy I, University of Edinburgh, Department of Social Policy, and Social Work.**
- Course:** "Social Policy I"



## WORKING EXPERIENCE

2003-2019

**Clinical Social Worker**

**General Children's Hospital "Aghia Sophia", Child Psychiatry**

**Clinic of EKPA, Permanent Staff, Government Gazette: 87/22-04-2003/t' N.P.D.D., Grade A'**

**Multi-disciplinary Team 1. "Liaison Counselling Unit"**

**Multi-disciplinary Team 2."Specialist Clinic for Autistic Spectrum Disorders"**

**Multi-disciplinary Team3."Liaison Counselling Unit of the Hearing Department"**

**Duties:**

- **Taking Psychosocial History of all Undertaken Cases**
- **Liaison with Medical and Nursing Staff**
- **Responsible for Counselling Families with Juvenile Diabetes Type I**
- **Management of approximately 600 Children's Cases per year that enter General Hospital "St. Sophia" after Prosecutor's Order**
- **Case Management of Unaccompanied Refugee Minors**
- **Parent Counselling, Use of Social Work with Individual & Social Work with Family of Children Method with Cases of :**  
psychogenic anorexia, ulcerative colitis, rheumatoid arthritis, depression, psychosis, obsessive-compulsive disorder, cancer, burns, school denial, special learning difficulties, victims of traffic accidents, suicidal attempts, abandoned, physically and/or sexually abused and/or neglected, other child psychiatric disorders, domestic violence victims, conflictual divorces, families in poverty.
- **Referral to other Social, Health and Educational Services**
- **Presentation of Cases at Administrative Meetings**
- **Record keeping**

**Multi-disciplinary Team: 4. "Family Psychotherapeutic Unit-Special Family Clinic" Treatment of 2 families per week**

**2019** **Allocation to the Office of the Deputy Minister, Ministry of Civil Protection**

**6 Months**

**Duties:**

- **Responsible for Organizing & Conducting the Day Conference "Effective Management of Traffic Incidents"**
- **Member of the Working Group on the Management of Juvenile Incidents by Police Authorities**
- **Member of the Working Group on the Newly Established Domestic Violence Bureau**
- **Representation of the Deputy Minister at Scientific Conferences and Day Conferences, as well as at Social/cultural Events**

## PARTICIPATION IN RESEARCH PROGRAMMES

### **(2 Post-Doc in UK and Research Projects in Greece)**

**2023-2025**

Research Study within the Framework of the Program of the Hellenic Foundation for Research and Innovation (EL. I D.E.K.)  
**Research Title:** New Opportunities for Working Employment of the Transition-aged Young Adults with Autism Spectrum Disorder: Moving towards Inclusive Educational and Working Environments.

**Principal Investigator:** Papanikolaou Aikaterini Professor of Child and Adolescent Psychiatry, Director of Child Psychiatry Clinic EKPA, Children's Hospital "Aghia Sophia".

**Participating Institution A:** Farmakopoulou Ignatia, Assistant Professor, Department of Education and Social Work, University of Patras.

**Participating Institution B:** Iliopoulou M. President of Asperger's Association

**2022- Present**

Researcher - Cooperation with KETHEA EXELIXIS

**Research Title:** "Investigation of Attitudes and Perceptions of Addicted Women regarding Protective and Aggravating Factors of Pregnancy Control".

- 2020-2021** Researcher - Child Psychiatry Clinic of EKPA, Children's Hospital "Aghia Sophia".  
**Research Title:** "Panhellenic Study on the Impact of the Covid-19 Pandemic on the Mental Health of Children, Adolescents and their Families".
- 2014-2015** Researcher - Child Psychiatry Clinic of EKPA, Children's Hospital "Agia Sophia"  
**Research Title:** "Study of Psychological Impact of the Earthquakes in Kefalonia on Secondary School Pupils".
- 2011-2012** Researcher - Child Psychiatry Clinic of EKPA, Children's Hospital "Agia Sophia".  
**Research Title:** "Trajectories of Children admitted to the General Children's Hospital "St. Sophia" after a Prosecutor's Order".
- 2000-2001** Research - Fellowship, Post-Doc1,  
**University of Edinburgh, Department of Community Education & University of Stirling, Department of Applied Social Sciences**  
**Research Title:** "Documenting the Experiences of Inclusive Education of Students with Disabilities".
- 1999-2000** Research Fellowship, Post-Doc2,  
University of Edinburgh, Department of Social Policy,  
University of Glasgow, Department of Social Policy, and  
Social Work.

## PUBLICATIONS IN PEER-REVIEWED INTERNATIONAL JOURNALS

Marini, A., **Farmakopoulou I.**, Gkintoni, E., Theodoratou, M., Gerasimos Kolaitis. (2023). Adverse Childhood Experiences and Clinical Manifestation of Anxiety Symptoms in Greek adolescents during COVID-19 Pandemic. *Research 140690. Under Publication.*

Theodoratou, M., **Farmakopoulou, I.**, Kougioumtzis, G., Kaltsouda, A., Siouti, Z., Sofologi, M., Gintoni, E., Tsitsas, G. (2023). Emotion-focused Coping, Social Support, and Active Coping Among University Students: Gender Differences. *Journal of Psychology & Clinical Psychiatry*. 14(1), pp. 5-9.

**Farmakopoulou, I.**, Theodoratou, M., Gintoni, E. (2023). Neuroscience as a Component in Education Setting. An Interpretive Overview. *Technium Education and Humanities*, 4, 1-7. <https://doi.org/10.47577/teh.v4i.8236>

Gintoni, E., **Farmakopoulou, I.**, Theodoratou, M. (2023). Neuromusic Education in Cognition and Quality-of-Life Promotion. An Outline. *Technium Social Sciences Journal*, 40(1), 223–232. <https://doi.org/10.47577/tssj.v40i1.8347>

Theodoratou, M., Gintoni, E., **Farmakopoulou, I.** (2023). Executive Functions and Quality of Life in Neurodevelopmental Spectrum. An Outline. *Technium Social Sciences Journal*, 39(1), 430-439. <https://doi.org/10.47577/tssj.v39i1.8231>

Theodoratou, M., **Farmakopoulou, I.** (2021). Comorbidity Issues between Autism Spectrum Disorders and Internet Addiction. Diagnosis and Treatment Implications. *EC Neurology Articles*, 13(10), 10-17.

**Farmakopoulou, I.**, Triantafyllou K., Kolaitis, G. (2017). Refugee Children and Adolescents in Greece: Two Case Reports. *European Journal of Psychotraumatology*. Vol 8, 1351179, Taylor & Francis.

**Farmakopoulou, I.**, Watson, N., (2003). Motivations for Entering and Pathways of Progression of Disabled Students in Further Education. *International Journal of Inclusive Education*. 7:3, 223-239.

**Farmakopoulou, I.** (2002). What Lies Underneath? An Inter-Organisational Analysis of Collaboration between Education and Social Work. *British Journal of Social Work*. 32, pp. 1051-1066.

**Farmakopoulou, I.** (2002). Using an Integrated Theoretical Framework for Understanding Inter-Agency Collaboration in the Special Educational Needs Field. *European Journal of Special Needs Education*.17:1, pp. 49-59.

**Farmakopoulou, I.** (2001). Inter-agency Collaboration in the Special Educational Needs Assessment. *Journal of Interprofessional Care*. 15:4, pp. 399-401

**Farmakopoulou, I.** (2001). Inter-agency Collaboration in the Special Educational Needs Assessment. *Journal of Interprofessional Care*. 15:4, pp. 399-401.

Riddell, S., Adler, M., Mordaunt, E. **Farmakopoulou, I.** (2000). Special Educational Needs and Competing Policy Frameworks in England and Scotland. *Journal of Education Policy*. 15:6, 621-635.

## PUBLICATIONS IN GREEK PEER-REVIEWED JOURNALS

Baltsioti V., & **Farmakopoulou, I.**, (2024). Investigation of the Implementation of Law 4538/2018 on the Institution of Foster Care in Child Protection Frameworks. *Journal of Social Work*, (under publication).

**Farmakopoulou, I.**, Ktenavou, E., Bobolas, K., Athanasopoulou, L. (2024). Investigation of the Psychological Impact of the Covid-19 Pandemic on Primary School Students. *Journal of Educational Circle*. Issue (under publication).

Kloni P., & **Farmakopoulou I.** (2023). Investigation of Internet Addiction in Adolescents with High Functioning Autism Spectrum Disorder. *Journal of Special Education Issues*. Issue (under publication).

**Farmakopoulou I.** (2023). Discovering the Pathways and Motivations of Volunteerism. Special Issue on "The Importance of Organized Volunteerism in Everyday Life, Society and Democracy with the Participation of Volunteerism Academic Helphellas. *e-Allilon Journal*. Issue 12, pp. 19-21.

**Farmakopoulou, I.**, (2022). From "At Home Not In The Municipality" to "At Home In The Municipality" in Domestic and Gender Violence. *Journal of Child and Adolescent Psychiatry*, Special Article, 10(2), 108-116.

**Farmakopoulou, I.**, (2017). Cooperation of the Child Psychiatry Clinic EKPA with Pediatric Clinics on Issues of Children of Drug User Parents. *Notebooks of Psychiatry Journal*, No. 7-8, 157-9.

Kaltsa, A., Liakopoulou, M., **Farmakopoulou, I.**, Petrogona, M., Lepenioti, M. Tsilia, A.M. Kolaitis. C. (2014). Symptomatology of Acute Stress Disorder and Post-Traumatic Stress Disorder in Children who have Suffered a Serious Injury, and their Parents. *Journal of Child and Adolescent Psychiatry*, 1-2, 68-76.

**Farmakopoulou, I.**, Liakopoulou, M., Hadzara V., Kolaitis, G. (2012). Social Care or Lost Atlantis? Children's Journey from Removal from their Family Environment to their Final Rehabilitation; Reflections and Social Policy Proposals. *Journal of Social Work*. 105. 7-26.

## PUBLICATIONS IN INTERNATIONAL AND GREEK COLLECTIVE VOLUMES

Theodoratou, M., **Farmakopoulou, I.**, Gintoni, E., (2023). A.D.H.D., Comorbidities and Multimodal Treatment. In Perspectives of Cognitive, Psychosocial and Learning Difficulties from Childhood to Adulthood: Practical Counselling Strategies.

**Farmakopoulou, I.** (2020). Alternative Forms of Child Protection: Foster Care and Adoption. In C. Kolaitis & Associates, Contemporary Child, and Adolescent Psychiatry, (pp. 571-576). Athens: Beta Medical Publications.

**Farmakopoulou, I.** (2020). The Role of Social Workers in Child Psychiatric Clinics. In C. Kolaitis & Co., *Contemporary Child, and Adolescent Psychiatry*, (pp.113-117). Athens: Beta Medical Publications.

## PUBLICATIONS OF MINUTES OF PEER-REVIEWED PAPERS IN INTERNATIONAL AND NATIONAL CONFERENCES

### **16 PUBLICATIONS SINCE 2020**

**Farmakopoulou, I.**, Metaxa, A., Theodoratou, M. (2024). Examining Challenges and Evaluating Supportive Counseling Approaches for Students with Attention Deficit Hyperactivity Disorder (ADHD). **European Congress of Psychiatry. EPA2024-ABS-3497.**

Theodoratou, M., Papandrea, D., Papathanassiou, I., Andriopoulou, P., Dafogianni, C., **Farmakopoulou, I.** (2024). Understanding Attitudes and Perceptions towards Blood Donation in Greece: An Analysis Aligned with the Health Belief Model. **European Congress of Psychiatry. EPA2024-ABS-2817.**

Marini, A., **Farmakopoulou, I.**, Theodoratou, M., Gintoni, E., Chalkiopoulos, K. (2023). Adverse Childhood Experiences and Anxiety Symptoms in Adolescents during COVID-19, *31<sup>st</sup> European Congress of Psychiatry.* **EPP0148.**

Theodoratou, M., Kanellopoulou, P., Nikitidis, N., **Farmakopoulou, I.** (2023). Coping Strategies of Health Care Workers during Third Wave of Covid. *31<sup>st</sup> European Congress of Psychiatry.* **EPP0587.**

Theodoratou, M., Miari, A., Nikitidis, N., **Farmakopoulou, I.** (2023). Psychological consequences of Covid on Health Care Workers and their Coping Strategies. *31<sup>st</sup> European Congress of Psychiatry.* **EPP0590.**

**Farmakopoulou, I.,** Theodoratou, M., Efstratiou, H., Lipsinioti, E., Dokos, A. (2022). Raking up the Debris of the Covid-19 Pandemic: The Impact on Children with Pervasive Developmental Disorders. *11th Panhellenic Conference on Developmental and Behavioral Pediatrics.*

**Farmakopoulou, I.,** Theodoratou, M., Theodoropoulou, N. Bari, N., K. Stavropoulou. (2022). A Step Forward or One of the Same? Implementation of the New Adoption Legislation and the Feelings of the Prospective Adoptive Parents. *11th Panhellenic Conference on Developmental and Behavioral Pediatrics.*

**Farmakopoulou, I.,** Theodoratou, M., Iliopoulou, E., Margariti, G., Bahtis, G. (2022). Where are we going in Terms of the Detection and Management of Munchausen Syndrome by Proxy? *11th Panhellenic Conference on Developmental and Behavioral Pediatrics.*

Theodoratou, M., Fasoulas, A., **Farmakopoulou, I.,** Flora, K., Tsitsas, G., & Kougioumtzis, G. (2022). Coping Strategies towards Mobbing used by Medical and Nursing Staff in the Hospitals of the Prefecture of Etoloakarnania Greece. *European Psychiatry, 65(S1), S882-S883. doi: 10.1192/j.eurpsy.2022.2291.*

**Farmakopoulou, I.,** Theodoratou, M. (2022). The Connection between Diabetes and Depression. Is Coaching the Best Therapeutic Path? *European Psychiatry, 65(S1), S746-S747. doi: 10.1192/j.eurpsy.2022.1928*

**Farmakopoulou, I.,** Stavropoulou, K., Bari, N., Theodoropoulou, N., & Theodoratou, M. (2022). The Application of the New Law of Adoption and the Psychological Preparation of Prospective Stepparents. *European Psychiatry, 65(S1), S881-S882. doi: 10.1192/j.eurpsy.2022.2288*

**Farmakopoulou, I.,** Efstratiou, C., Dokos, A., Lepsinioti, E., & Theodoratou, M. (2022). Implications of Covid-19 Pandemic on School-age Children with Autism Spectrum Disorders. *European Psychiatry, 65(S1), S296-S297. doi: 10.1192/j.eurpsy.2022.756*

Theodoratou, M., Papathanasiou, C., **Farmakopoulou, I., (2021).** Screen Addiction and Comorbidity of Mental Disorders. Effective Treatment, and Importance of educational and social policy programs. *11th Conference of the International Society For Affective Disorders, Abstract No:203, Publication Number: VO-010.*

**Farmakopoulou, I.,** Theodoratou, M., (2021). Family Implications of Bipolar Mother's Non-Adherence to Medication and the Role of Psychoeducation and Holistic Therapy. *11th Conference of the International Society For Affective Disorders. Abstract No:172, Publication Number: VO-033*

**Farmakopoulou, I.,** Theodoratou, M., (2021). How can Diabetes Relate to Depression and Psychotherapeutic Coaching? *11th Conference of the International Society For Affective Disorders. Abstract No:172, Publication Number: VO-033. Publication Number: VO-190.*

## BOOK EDITING

K. Kanel. (2023). *Guide to Crisis Intervention*. Scientific Editors **Farmakopoulou, I.** & Theodoratou M. Pedio Publications. ISBN: 9789606357077

## SCALE-ADAPTATION TRANSLATION IN GREEK

**2022**      **K10 & K6 Scales, Scale-Adaptation Translation in Greek.**  
National Comorbidity Survey, Harvard Medical School,  
Department of Health Care Policy.  
In Collaboration with M. Theodoratou, X. Sereti, N.  
Theodopoulou, K. Stavropoulou, N. Bari, E. Kokkali.

## ANNOUNCEMENTS IN INTERNATIONAL AND GREEK CONFERENCES

### **35 SPEECHES SINCE 2020 AND 64 IN TOTAL**

**Farmakopoulou, I.,** Georgopetri, A., Damala, V., Theodoratou M. (2023). Exploring the Institutions of Family Mediation and Co-Parenting and the Impact on Parents and Children. *12th Panhellenic Conference on Developmental & Behavioral Pediatrics, Athens, Greece.*

**Farmakopoulou, I.,** Kourkouna, M., Economou A-G., Athanasiou E., Theodoratou M. (2023). The Impact of Parental Loss in Childhood during the Adolescent Period. *12th Panhellenic Conference on Developmental & Behavioral Pediatrics, Athens, Greece.*

**Farmakopoulou, I.,** Siafla, M., Theodoratou M. (2023). The Role of the Social Worker as a Family Therapist in Cases of Psychogenic Anorexia. *12th Panhellenic Conference on Developmental & Behavioral Pediatrics, Athens, Greece.*

**Farmakopoulou, I.,** Baltsioti V., Theodoratou M., Gintoni E. (2023). Investigation of the Implementation of the Law 4538/2018 and Highlighting Good Practices of the Institution of Foster Care in the Child Protection Framework. *13th Panhellenic Conference of Child & Adolescent Psychiatry, Athens, Greece.*

**Farmakopoulou, I.,** Koumboulis, V., Tirlis, A., Theodoratou M., Gintoni E. (2023). Conflictual Divorces-Focus on the Alienated Parent Syndrome. *13th Panhellenic Conference of Child & Adolescent Psychiatry, Athens, Greece.*

Marini A., **Farmakopoulou, I.,** Giannakopoulos, G., Zaravinos-Tsakos F., Kolaitis, G. (2023). Effect of the Covid-19 Pandemic and Adverse Childhood Experiences on



the Manifestation of Anxiety Symptoms. A Synchronic Study in a Sample of Adolescents. *13th Panhellenic Congress of Child & Adolescent Psychiatry, Athens, Greece.*

**Farmakopoulou, I.,** Theodoratou M., Metaxa, A. (2023). Investigation of Difficulties and Supportive Counseling of Students with ADHD" *5th Panhellenic Interdisciplinary Conference on Attention Deficit Hyperactivity Disorder: From Child to Adult, Athens.*

**Farmakopoulou, I.,** & Sismanidou, T. (2023). Association of Parental Influence on the Occurrence of ADHD & ODCD Comorbidity in Adolescents. *5th Panhellenic Interdisciplinary Conference on Attention Deficit Hyperactivity Disorder: From Child to Adult, Athens.*

**Farmakopoulou, I.** (2023). The Social Dimension of Volunteerism. Workshop 'The Social Contribution of Volunteerism'. *Organized by the Department of Education and Social Work, Head of the Department, Farmakopoulou I. University of Patras.*

**Farmakopoulou, I.,** Theodoratou, M., Theodoropoulou, N., Bari, N., Stavropoulou, K. (2022). One Step Forward or One of the Same? Implementation of the New Legislation on Adoption and the Emotions of Prospective Adoptive Parents. *11th Panhellenic Conference on Developmental & Behavioral Pediatrics, Athens, Greece.*

**Farmakopoulou, I.,** Theodoratou, M., Efstratiou, H., Lipsinioti, E., Dokos, A. (2022). Reconstructing the Debris of the Covid-19 Pandemic: The Impact on the Children with Pervasive Developmental Disorders. *11th Panhellenic Conference Pediatric Developmental and Behavioral Pediatrics, Athens, Greece.*

**Farmakopoulou, I.,** Theodoratou, M., Iliopoulou, E., Margariti, G., Bahtis, G. (2022). Where are we Going in the Detection and Management of Syndrome Munchausen By Proxy? *11th Panhellenic Conference on Developmental and Behavioral Pediatrics, Athens, Greece.*

**Farmakopoulou, I.** (2022). Towards Holistic Social Inclusion of People with Disabilities. *Regional One Day Conference of Special Education, Patras, Greece. Co-organized by the Department of Education and Social Work Sciences, Responsible Farmakopoulou, I. & Association of Special Education Teaching Personnel of Special Education (SEEPEA) of Western Greece, President Kloni, P.*

**Farmakopoulou, I.** (2022). Importance of Inter-disciplinary and Inter-agency Cooperation between Organizations and General Mental Health Institutions: Building Bridges Reaching the Holistic Approach. One Day Conference. *'The Visibility of People with Disabilities in the Health System in Greece', Kefalonia, Greece. Co-organized by the Department of Education and Social Work, Responsible for the Department of Education and Social Work, Farmakopoulou I. & M.K.O. 'YPERION'.*

Theodoratou, M, Fasoulas, A., **Farmakopoulou, I.,** Flora, K., Tsitsa, G., & Kougioumtzis, G. (2022). Coping Strategies towards Mobbing used by Medical and

Nursing Staff in the Hospitals of the Prefecture of Etoloakarnania. Greece. *European Psychiatry*, 65(S1), S882-S883. doi:10.1192/j.eurpsy.2022.2291

**Farmakopoulou, I.**, Theodoratou, M. (2022). The Connection between Diabetes and Depression. Is Coaching the Best Therapeutic Path? *European Psychiatry*, 65(S1), S746-S747. doi: 10.1192/j.eurpsy.2022.1928

**Farmakopoulou, I.**, Stavropoulou, K., Bari, N., Theodoropoulou, N., & Theodoratou, M. (2022). The Application of the New Law of Adoption and the Psychological Preparation of Prospective Stepparents. *European Psychiatry*, 65(S1), S881-S882. doi: 10.1192/j.eurpsy.2022.2288

**Farmakopoulou, I.**, Efstratiou, C., Dokos, A., Lepsinioti, E., & Theodoratou, M. (2022). Implications of Covid-19 Pandemic on School-age Children with Autism Spectrum Disorders. *European Psychiatry*, 65(S1), S296-S297. doi: 10.1192/j.eurpsy.2022.756

**Farmakopoulou, I.** (2022). Correlation between Domestic Violence, Economic Crisis, and Pandemic. Modern Approaches in Special Education. Patras. Co-organized by the Department of Education and Social Work, Head of the Department of Education and Social Work, Farmakopoulou, I. & 1st Special Primary School, Kloni, P.

**Farmakopoulou, I.** (2021). Necessity of Shifting the Perception of "Not in the House" to "In the Municipality": Factors of Rapid Increase of Domestic Violence Incidents: *One Day Conference 'Behind Closed Doors', Department of Social Care. Sparti.*

Theodoratou M., **Farmakopoulou, I.**, Tsitsas, G., Flora K., Kouyoumtzis G. (2021). Chronic Bullying and Screen Dependence. Attempting to Resolve the Trauma through Virtual Escape. *12th Panhellenic Child Psychiatric Conference on 'Psychic Trauma: Its importance in the Mental Organization of the Child and Adolescent. Theory, Clinical Practice, Social Reality'*

**Farmakopoulou, I.**, Theodoratou M., (2021). The Tempest of Domestic Violence in Times of Economic Crisis and Pandemic: A Case Study. *12th Panhellenic Child Psychiatric Conference on 'Psychic Trauma: Its importance in the Mental Organization of the Child and Adolescent. Theory, Clinical Practice, Social Reality'*.

Theodoratou, M., Beretanou, E., **Farmakopoulou, I.**, (2021). Longitudinal Case Study of Adolescents with Hearing Loss *12th Panhellenic Child Psychiatric Conference on 'Psychic Trauma: Its importance in the Mental Organization of the Child and Adolescent. Theory, Clinical Practice, Social Reality'*.

**Farmakopoulou, I.**, Theodoratou M., (2021). The Psychological Consequences of the Covid-19 Pandemic in Primary School Students. *10th Panhellenic Conference on Developmental & Behavioral Pediatrics, Athens, Greece.*

Theodoratou M., **Farmakopoulou, I.**, Tsitsas, G, Flora K, Kougioumtzis G, Reppa G. (2021). Psychoeducation on Self-management and Physical Exercise: Innovative Coping Strategies for Bipolar Disorders. *11<sup>th</sup> Conference of the International Society For Affective Disorders* Abstract No164, Publication Number: VO-021.

Theodoratou, M., Papathanasiou, C., **Farmakopoulou, I.**, (2021). Screen Addiction and Comorbidity of Mental Disorders, Effective Treatment, and Importance of Educational and Social Policy Programs. *11<sup>th</sup> Conference of the International Society For Affective Disorders*. Abstract No:203, Publication Number: VO-010.

**Farmakopoulou, I.**, Theodoratou, M., (2021). Family Implications of Bipolar Mother's Non-Adherence to Medication and the Role of Psychoeducation and Holistic Therapy. *11<sup>th</sup> Conference of the International Society For Affective Disorders*. Abstract No:172, Publication Number: VO-033

**Farmakopoulou, I.**, Theodoratou, M., (2021). How can Diabetes relate to Depression and Psychotherapeutic Coaching? *11<sup>th</sup> Conference of the International Society For Affective Disorders*. Abstract No:172, Publication Number: VO-033. Publication Number: VO-190.

Theodoratou M. & Fakiltsa M. **Farmakopoulou, I.**, (2021). Coping Strategies towards Stress used by Greek Nursing Staff in Covid Era. *21<sup>st</sup> WPA World Congress of Psychiatry, E-Poster Presentation*.

**Farmakopoulou, I.**, Theodoratou M. (2021). Counseling Students with ADHD in the Age of Covid-19. *4th Panhellenic Interdisciplinary Conference on Attention Deficit Hyperactivity Disorder: From Child to Adult, Athens*.

**Farmakopoulou, I.**, Theodoratou M. (2021). Comorbidity of ADHD, Asperger's, and Internet Addiction. *4th Panhellenic Interdisciplinary Conference on Attention Deficit Hyperactivity Disorder: From Child to Adult, Athens*.

**Farmakopoulou, I.** (2021). Management of Unaccompanied Minors with PTSD in a General Children's Hospital, *7th Conference on Crisis Management in the Health Sector, Athens, Greece*.

**Farmakopoulou, I.** (2020). Complaint of Underage Children Against their Parents: True and False Allegations of Abuse: A Study of Two Cases. *9th Panhellenic Conference on Developmental & Behavioral Pediatrics, Athens, Greece*.

**Farmakopoulou, I.** (2020). Detection and Treatment of Domestic Violence Incidents-Social Policy Recommendations. *9th Panhellenic Conference on Developmental & Behavioral Pediatrics, Athens, Greece*.

**Farmakopoulou, I.** (2019). Minor Children vs. Parents: Where the Truth Hides: A Case Study. *Two-day Interdisciplinary Symposium on the Diagnostic Assessment and Treatment of Addictions and Internet Addiction, Patras, Greece. Clinical Observatory and Department of Education and Social Work Sciences, University of Patras*.

**Farmakopoulou, I.** (2019). Alternative Forms of Social Protection: Foster Care and Adoption of Two Sisters: From Hell to Heaven. *8th Panhellenic Conference on Developmental & Behavioral Pediatrics, Athens, Greece.*

**Farmakopoulou, I.** (2019). Working with Refugee Families as a Hospital Social Worker. Hellenic Society for Mental Health and Neuropsychiatry of Children and the Child Psychiatry Clinic of the Medical School of the University of Athens, General Children's Hospital "Agia Sophia" on 'Psychological Trauma in Children and Adolescents' *3rd Annual Scientific Conference with International Participation, Athens, Greece.*

**Farmakopoulou, I.** (2019). Interprofessional and Inter-disciplinary Collaboration of the Police Department and Ambulance Services. *Ministry of Citizen Protection, Office of the Deputy Minister, Organizing a Workshop on 'Effective Management of Traffic Incidents.*

**Farmakopoulou, I.** (2019). 'Aggression and Violence, Within and Outside the Family in the Greek Reality', *Hellenic Society for Mental Health and Neuropsychiatry of the Child and the Child Psychiatry Clinic of the Medical School of the General Children's Hospital "Agia Sophia" Athens.*

**Farmakopoulou, I.** (2019). The Image of Minor Refugees in Greece Today. *Scientific Conference 'Human Relations and Social Work in a Changing Environment', SKLE, Athens.*

**Farmakopoulou, I.** (2017) Collaboration of the Child Psychiatry Clinic EKPA with Pediatric Clinics on Issues of Children of Drug Parent Users. *One Day Conference of the Network for Addicted Women, Mothers, and their Children, 'Defending the Rights of the Addicted Woman and her Child' Athens.*

**Farmakopoulou, I.** (2017) Refugee and Psychic Trauma: Examples of Children from Syria and Afghanistan. *Hellenic Society for Mental Health and Neuropsychiatry of the Child & A' Pediatric Clinic of Aghia Sophia General Children's Hospital, 'Psychic Trauma in Children and Adolescents', Athens.*

**Farmakopoulou, I.** (2015). Display of Risky Sexual Behaviors in Adolescents with ADHD. *1st Panhellenic Interdisciplinary Conference on ADHD 'From child to adult', Athens.*

**Farmakopoulou, I.** (2015). Contemporary Approaches to Inter-disciplinary and Inter-agency Collaboration in Child Maltreatment. *Institute of Child Health 'Protocol for the Investigation, Diagnosis, Management of CPS & National CPS Reporting System', Athens.*

**Farmakopoulou, I.** (2014). Basic Principles of Liaison Counselling for Teachers and Parents. *Hellenic Society for the Study of ADHD, Hellenic Society for Mental Health and Neuropsychiatry of the Child & Hellenic Society for Psychosocial Support of Children and Adolescents with Behavioural Problems, on 'ADHD & Behavioural Problems in the School Environment'.*

**Farmakopoulou, I.,** Korlou, S. (2014). Physiological Development of the Child-Adolescent. *Hellenic Society of Mental Health and Neuropsychiatry of the Child & A' Pediatric Clinic of the University of Athens, Aghia Sophia General Children's Hospital, Athens, on the topic 'What is happening to our children? Developmental, Emotional and Behavioural Problems'.*

**Farmakopoulou, I.,** Karageorgopoulou K. (2014). The Impact of Immigration and the Economic Crisis on the Operation of the Liaison-Counselling Liaison of a General Pediatric Hospital. *8th Panhellenic Pediatric Psychiatric Conference, Athens, Greece on the topic: "Mental distress and resilience in crisis.*

**Farmakopoulou, I.,** Mantzaris M. (2013). First Diagnosis of Autism Spectrum Disorders at School Age. *8th Panhellenic Child Psychiatric Conference, Athens, Greece on the topic: "Mental distress and resilience in crisis conditions.*

**Farmakopoulou, I.** (2013). Contemporary Trends in Child Protection Structures, Research and Services. *2nd Panhellenic Conference on Developmental-Behavioral Pediatrics & Adolescent Health - Medicine, Athens, Greece.*

**Farmakopoulou, I.,** (2012). Necessity of a Inter-disciplinary Approach in the Diagnosis and Case Management of Children with Pervasive Developmental Disorders. *One Day Conference of the Hellenic Society of Mental Health and Neuropsychiatry of Children, Athens, Greece.*

**Farmakopoulou, I.,** (2012). Theoretical Transformations and Implications of Contemporary Forms of Child and Adolescent Abuse and Neglect. *1st Panhellenic Conference of Psychiatric Forensics, Athens, Greece.*

**Farmakopoulou, I.,** (2011). Korlou S, Kaltsa A, Rapti K, Marini E, Hadzara V, Liakopoulou M. Immigration and Suicide Attempts in Childhood and Adolescence. *7th Panhellenic Child Psychiatric Conference, Athens, on the topic: 'Depression in Children and Adolescents: Nature, Nurture, Society'.*

**Farmakopoulou, I.,** Bourous G. (2011). Roads Leading to Depression: the Abandonment, Neglect and Abuse of Children through Prosecutorial Referral to Interdisciplinary Child Psychiatry. *7th Panhellenic Child Psychiatric Conference, Athens on the topic: "Depression in Children and Adolescents: Nature, Nurture, Society".*

**Farmakopoulou, I.,** (2011). Review of a Research Study of Children Hosted in a Children's Hospital on Prosecutor's Order. *Institute of Child Health, Panhellenic Conference on Research and Treatment of Child Abuse and Neglect, Athens, Greece.*

**Farmakopoulou, I.,** (2011). Where is Social Care Heading? Children's Journey from Removal to Rehabilitation-Reflections and Social Policy Suggestions. *5th Panhellenic Conference for the Prevention of Sexual Abuse & Hellenic Society for the Study and Prevention of Sexual Abuse, Athens, Greece.*

**Farmakopoulou, I.,** Kaltsa, A. (2011). Family Psychotherapy in the Pediatric Hospital: The Experience of the Special Family Clinic General Children's Hospital Aghia Sophia. *5th Panhellenic Symposium on Interdisciplinary Child Psychiatry 2011, Athens.*

**Farmakopoulou, I.,** Tsiadaki V. (2011). The Role of Interdisciplinary Child Psychiatry and the Role of the Prosecutor for the Protection of Minors. Problems-Controversies. *4th Panhellenic Symposium on Interdisciplinary Child Psychiatry, Ioannina, Greece.*

**Farmakopoulou, I.,** (2009). Ethical Issues in Psychiatric Forensics. *Hellenic Society of Psychiatric Forensics 'Education in Issues of Psychiatric Forensics and Psychiatric Expertise', Athens.*

**Farmakopoulou, I.** (2001). Developments in the Education of Deaf Pupils and Students-Messages for the Future. *National Foundation for the Deaf Conference 'Yesterday-Today and Tomorrow', Patras.*

**Farmakopoulou, I.,** (2001). Moving towards Standardisation of the Inter-agency Arrangements in the Special Educational Needs Assessments: Is this a Feasible and/or Desirable Goal?. *British Educational Research Association Conference, Leeds.*

**Farmakopoulou, I.,** (2001). Motivations for Learning: Documenting Disabled Students Experiences of Inclusive Education. *European Conference in Educational Research, Lille.*

**Farmakopoulou, I.,** (2000). Inter-agency Collaboration in Assessing Children with Special Educational Needs. *British Educational Research Association Conference, Cardiff.*

**Farmakopoulou, I.,** (2000). Time to Stop Playing the Ostrich Game: Rhetoric and Reality in the Special Educational Needs Assessments. *European Conference in Educational Research, Edinburgh.*

**Farmakopoulou, I.,** (2000). Motivations for Learning: Documenting Disabled Students Experiences. *Disability Seminar, Edinburgh*

**Farmakopoulou, I.,** (1999). Using an Integrated Theoretical Framework for Understanding Inter-Agency Collaboration in Assessing Children's Special Educational Needs. *British Educational Research Association Conference, Brighton.*

SUPERVISOR OF DOCTORAL THESES IN THE SOCIAL WORK  
DIVISION, UNIVERSITY OF PATRAS (TEPEKE)

- 2023- Present** T. Sismanidou "**Investigation of Social and Family Factors Influencing the Occurrence of Comorbidity. Attention Deficit Hyperactivity Disorder & Antisocial Challenging Disorder in Adolescents Population**".
- 2022-Present** M. C. Goutsoula "**The Role of Lifelong Learning in the Promotion of Mental Health and the Development of Human Resources employed in the Municipality of Patras**
- 2021-Present** V. Blatsioti "**Promotion of Good Practices on the Issue of Child Fostering**"
- 2022-Present** P. Kloni "**Investigation of Internet Addiction in Adolescent with High Functioning Autistic Spectrum Disorder**"

THESIS SUPERVISOR OF THE POSTGRADUATE PROGRAMME "CHILD  
AND ADOLESCENT MENTAL HEALTH AND PSYCHIATRY", SCHOOL OF  
MEDICINE, FACULTY OF MEDICINE, UNIVERSITY OF ATHENS

- 2023-4 S. Kosmopoulos, "**Inter-disciplinary and Inter-agency Cooperation in the Management of Cases of Addicted Mothers and their Children**
- 2022-3 M. Lekka, "**Family Relationships, Self-Esteem and Appearance Symptoms of Anxiety in Adolescent Population**"
- 2022 A. Marini, "**Impact of the Covid-19 Pandemic and its Adverse Childhood Experiences on the Expression of Symptoms Anxiety Symptoms: A Synchronic Study in a Sample of Adolescents**"

## THESIS SUPERVISOR

### **TOTAL 31 THESES OF UNIVERSITY AND FORMER TECHNICAL COLLEGE STUDENTS**

**Degree theses of students of the Department of Social Work of the former TEI of Patras**

#### **CURRENT**

**2022-23 E. Panagopoulou, "Investigation of the Implementation of the Institution of Foster Care of Primary Education Children (6-18 years old): The Practice of Social Work"**

#### **18 GRADED**

**2023 D. Poulima, "Investigation of Parents' Views on the Correlation between Anxiety Symptomatology in Adolescents with Pandemic COVID-19: The Practice of Clinical Social Work"**

**2022-23 D. Markouzani, M. Polycarpou, E. Chondrou "Investigation of Perceptions and Attitudes of Social Workers in Municipal Social Services regarding the Detection, Diagnosis and Management of Child Abuse and Neglect Incidents"**

**2022-23 B. Koumbouli, A. Tyrli, "Conflictual Divorce with a Focus on Alienated Parent Syndrome: The Practice of Social Work"**

**2023 A. Georgopetri, V., G. Damala, "Consensual Divorce: Exploring the Institutions of Family Mediation and Common Child's Guidance and the Impact on Parents and Children"**

**2022 X. Efstratiou, E. Lepsinioti E., Dokos A. "The Impact of the Covid-19 Pandemic on School Age Children with Pervasive Developmental Disorders & the Role of the Social Worker in Special Schools"**

**2022 E. Iliopoulou, C. G. Margariti., G. Bahti. "The Role of the Social Worker in the Detection and Treatment of Munchausen Syndrome by Proxy", G. G. G. Bahtis, "The Role of the Social Worker in the Detection and Treatment of Munchausen Syndrome by Proxy"**

**2022 A. Eleni, M. Kourkouna, A., A. C. Oikonomou, "The Impact of Parental Loss in Childhood during the Adolescent Period"**



2022 L. Athanasopoulou, E. Ktenavou, K. Bobolas **"Psychological Effects of COVID19 in Children A'-Basic Education"**

2022 M. Siafla **"The Role of the Social Worker as Family Therapist in Cases of Psychogenic Anorexia"**

2022 P. Liopeta, D. Psarrakou, **"Domestic Violence Against Women in Covid-19 Pandemic Conditions"**

2022 M. Jackosta, H. Chipi, **"Investigation of Child Psychiatric Disorders in Children of Families in Conflictual Divorce"**

2022 I. Anastasopoulou, E. Gatzopoulou, P. Papamarkou **"Maternal Detention Conditions and the Infant Trajectories at the Eleonas Prison in Theva: The Social Work Practice"**

2022 P. Efthymiou, E. Kyrieri, E. **"The Profile of Prospective Adoptive Parents: Social Work Practice"**

2021 N. Bari, N. Theodoropoulou, K. Stavropoulou, **"The Institution of Adoption and the Psychological Preparation of Prospective Adoptive Parents"**

2021 M.M. Giannakopoulou, V. Demitrakopoulou, **"The Role of Social Work in the Foster Care of Children with Disabilities"**

2021 P. Batsi, Ch. Takoris, **"The Role and Opinions of Mental Health Professionals on the Institutionalization of Primary School Children"**

2021 Γ. Alexandropoulou, S. Toublis, **"Burnout of Hospital Social Workers"**

2020 K. Kalamboki, **"The Phenomenon of Child Abuse. The Role of the Social Worker in the Prevention and Treatment of the Phenomenon"**

## DEGREE THESES OF STUDENTS OF THE SOCIAL WORK DIVISION,

### TEpEKE

### **GRADED**

2022-23 K. Koskiniotis, **"The Role of the Social Worker in Detecting and Dealing with Incidents of Trafficking and Exploitation of Minors"**

2022-23 N. Gerodimos, **"Vocational Rehabilitation of Young Adults on the Autism Spectrum of High Functioning: the Practice of Social Work"**

2022-23 A. Metaxa, **"Investigating Attendance Difficulties and Frequency of Dropout in Individuals with Attention Deficit Hyperactivity Disorder"**

2022-23 S. Caber, N. Stratou **"Investigation of the Street Social Work Project in Greece"**

#### **CURRENT 2023-2024**

2023-24 D. Mereou, S. Tzaferi **"Impact of the Covid-19 Pandemic on the Student Life of Individuals with Attention Deficit Hyperactivity Disorder"**

2023-24 Θ. Pavlidou, **"Difficulties in Student Life and Student Performance of Individuals with High Functioning Autism"**

2023-24 D. Makri, **"The Relationship of Family Functioning in Cases of Juvenile Irregular Diabetes Type I: Social Work Practice "**

2023-24 K. Koukouzeli, **"Attitudes and Perceptions of Prisoners with a History of Femicide: Social Work Practice "**

2023-24 E. Karagianni, E. Karagianni, E. **"Comparison of Attitudes and Perceptions of Male and Female Students Regarding the Social Phenomenon of Femicide"**

2023-24 S. Kolokythas, A. M. Makrykosta, **"Inter-professional Cooperation of Teachers and Social Workers in General Education Schools"**

2023-24 E. Bourou, **"Parental Counseling in Children's Cases with Cancer: The Social Work Practice "**

2023-24 E. Danalia, **"The Practice of Social Work in Supportive Counselling of Women who experienced Fetal Loss during the Prenatal Period."**

#### **THREE-PARTY MEMBER COMMITTEES FOR THE EVALUATION OF POSTGRADUATE THESES**

2020-Present **Evaluation of Diploma Theses in the Master's Program "Mental Health, Addictions & New Technologies"**

## ADMINISTRATIVE WORK IN THE DEPARTMENT OF EDUCATION AND SOCIAL WORK

### Member of the Following Committees of the Department

1. Erasmus
2. Social Work Practice
3. For Support to People with Special Educational Needs
4. Cultural Affairs and Museum of Education
5. Gender Equality

### Member of the Sector of Psychology and Social Services

2020-Present **Member of the Sector of Psychology and Social Services**

### Departmental Laboratory Member

2022-Present **Member in the Psychology Laboratory for the Analysis of Cognitive, Neuropsychological, Emotional and Social Parameters of Learning, Development and Relationships of the Normal and Deviant Individual, especially the Child.**

### **Member of Three-Party Committees for the Evaluation of Undergraduate Degree Theses**

2020-Present **18 Degree Theses of the former TEI of Social Work**

### **Member of Three-Party Committees for the Evaluation of Candidates for Academic Experience Posts**

2020-Present **Participation in the Annual Academic Experience Candidate Evaluations**

**Member of Three-Party Election Committee for the Election of the Heads of Section**

**2022 Member of the Electoral Committee in the Election of the Departmental Directors**

**Participation at the Katataktiries Examinations**

**2020-Present The Academic Years 2020-2021 and 2021-2022 2nd Grader and the Academic Years 2022-2023 and 2023-2024 1st Grader in the Katataktiries Qualifying Examinations**

**General Meetings/Assemblies of the Department**

**2020-Present Participation in all General Meetings/Assemblies of the Department**

**Marking of Exam Papers in Examination Periods**

**2020-Present Participation in all Examination Periods. Marking of the Examination Papers in all examination periods.**

**Undertaking Examination Program Training**

**2020-Present Undertaking of Examination Training Programme OnSemester per Year of the Department of Social Work of the Former TEI**

**Undertaking Presentation at an Honorary Doctorate of the Department**

**2022 Undertaking (jointly with a colleague) Presentation of an American Politician with Educational and Philanthropic Background for an Honorary Doctorate of the Department**

**Finding and Visiting Internship Social Work Practices Frameworks for Students of the Department of Social Work of the former ATEI**

**2021-2022 Finding and Visiting 35 Social Work Practices Internship Frameworks for 35 students of The Department of Social Work of the Former TEI and Visiting them in the Framework of the NPA**

### **Writing Letters of Recommendation for Graduates**

**2020-Present Writing of Letters of Recommendation of Graduates of the Department of Social Work Formerly ATEI Writing of Letters of Recommendation for Graduates of the Department of Social Work, Direction of Social Work**

### **Participation in Curriculum Design**

**2020-Present Participation in the Curriculum Planning of the Social Work Department, TEPECE**

### **Co-organizer of the Department's Workshops**

**2022 Regional Festival of Special Education, together with the Association of Special Education Teachers of Special Education of Western Greece, Patras**

**2021 Modern Approaches in Special Education, together with the 1<sup>st</sup> Special Primary School of Patras**

### **Organizer of One Day Conference of Social Work Division**

**2023 The Social Contribution of Volunteerism**

### **Declaration of Course Textbooks**

**2020-Present Declaration of Course Syllabuses to EVDOXOS**

### **Update e-class Teaching Courses**

**2020-Present Update of e-classes of Taught Courses on a Weekly Basis during the Course Period**

## Participation in the Student Inaugurations

2020-Present **Participation in the Graduates' Ceremonies of the Department of Social Work Formerly ATEI**

## Mentoring of Assigned Students

2022-Present **Mentoring of Assigned Students of the Department of Education and Social Work**

## ATTENDANCE OF INTERNATIONAL AND GREEK CONFERENCES

### 18 PARTICIPATIONS

2019 Policing: Prevention and Suppression of Torture. *Ministry of Citizen Protection, Prevention and Prevention of Torture, Prevention and Repression*

2018 Interdisciplinary Debate on Homosexuality and Gender Identity. *Conference on "Gender and Sexuality" and "Gender Identity and Sexual Orientation".*

2017 *2nd Panhellenic Interdisciplinary Conference on ADHD, Athens.* Hellenic ADHD Society 'From Child to Adult'.

2016 Modern Approaches in Family Therapy. *9th Conference of the European Family Therapy, EFTA, Athens, Greece.*

2016 Learning and Behaviour: Recognition and Interventions in School. *Hellenic ADHD Society, Heraklion, Crete, Greece.*

2016 'Modern Methods and Practices' Hellenic Society for the Study and Treatment of AIDS. *28th Panhellenic Conference on AIDS and Hepatitis, Athens.*

2015 Hellenic ADHD Society, 'From Child to Adult'. *1st Panhellenic Interdisciplinary Conference on ADHD, Athens.*

2015 'Working Together' *5th Panhellenic Autism Conference, Athens.*

2015 'Against the Current: Strengthening Social Solidarity and Child Protection in the Age of Crisis'. *Directorate of Mental Health and Social Welfare, Institute of Child Health, Athens.*

2014 'Hospital Social Work in a Time of Economic Crisis'. C. Hospital 'Thrasio' *Department of Social Work & Department of Research and Continuing Education, Athens.*

2013 The Multiple Persons in ADHD. *Panhellenic Association of People with ADHD, Athens.*

2013 Risky Behaviors in Adolescents and Youth with ADHD. *Hellenic Association for the Study of ADHD, Athens.*

2013 'Psychiatric Diagnosis and Systemic Psychotherapy'. *Hellenic Society for Systems Thinking and Psychotherapy, Athens.*

2013 'Autism Spectrum Disorders: Contemporary Approaches-Extended Practice'. *Hellenic Society of Mental Health and Neuropsychiatry of the Child, Athens.*

2012 'Child and Stress' *Hellenic Society for Mental Health and Neuropsychiatry of the Child, Athens.*

2012 'Inquiring Child Abuse and Neglect in the World during Crisis: Evidence-based Practice and Practice-based Evidence' B.E.C.A.N. *International Conference, Institute of Child Health, Athens.*

2011 'Depression in Children and Adolescents: Nature, Nurture and Society'. 7th Panhellenic Child Psychiatric Conference, *Child Psychiatric Society of Greece, Athens, Greece.*

2010 'Conflictual Relationships: Treatment and Social Responsibility'. Hellenic Society for Systems Thinking and Family Psychotherapy *EESKEPSO, Athens.*

## PARTICIPATION IN POST-GRADUATE SEMINARS

### **14 PARTICIPANTS**

2016 'Basic Principles for the Application of Coaching Techniques in ADHD', (20 hours). *Child Psychiatry Clinic EKPA & Hellenic Society for the Study of ADHD.*

2015 'Assessment and Treatment of Infants, Children and Adolescents with Attention Deficit Hyperactivity Disorder (ADHD)', (60 hours). *Child Psychiatry Clinic EKPA, Athens.*

2015 'Child-Adolescent Mental Health, Family Needs. Promotion of Mental Health of Families with Children-Adolescents' (56 hours). *Child Psychiatry Clinic EKPA, Athens.*

2014 "Mental Health Promotion Programme for Children and Adolescents with Chronic Physical Illness" (3 months). *Child Psychiatry Clinic EKPA, Athens & Hellenic Society for the Study of ADHD.*

2013 "Positive Parents Happy Kids", (3 Months). *Child Psychiatry Clinic EKPA, Athens.*

2012 'Specific Developmental Speech & Movement Disorders' (2 Months). *Child Psychiatry Clinic EKPA, Athens.*

2011 'Effective Child and Family Programme' (2 Months). *Child Psychiatry Clinic EKPA, Athens.*

2010 'Supervision in Family Therapy Systemic Approach' (1 year, 96 hours). *Family Therapy Unit of the Mental Health Department of Dafni Hospital.*

2009-2010 'The Mental Health of the Infant and Toddler as seen in Psychoanalytic Psychotherapy Encounters' (9 months, 20 hours). *Child Psychiatry Clinic EKPA, Athens.*

2009-2010 'Loss and Grief in the Infant and the Infant' (4 months, 10 hours). *Child Psychiatry Clinic EKPA, Athens.*

2009 Topics in Psychiatric Forensics & Psychiatric Forensic Expertise (3 months, 120 hours). *Psychiatric Hospital Daphni.*

2008-2009 'Clinical Facts in the Examination Room' (7 months, 20 hours). *Child Psychiatry Clinic EKPA, Athens.*

2005 'Family - Prevention and Promotion of Mental Health' (20 hours). Foundation for Psychosocial Education and Support 'DIACONIA', *Holy Archdiocese of Athens, Prevention Centre.*

2003-2006 'Family Therapy Systemic Approach' (3 years, 300 hours). *Family Therapy Unit of the Psychiatric Hospital Daphni.*

## MEMBER OF THE ORGANIZING AND SCIENTIFIC COMMITTEE OF CONFERENCES

- |           |   |
|-----------|---|
| 2016- Now | <b>Panhellenic Conference of Developmental &amp; Behavioral Pediatrics</b><br><b>8<sup>o</sup>, 9<sup>o</sup>, 10<sup>o</sup>, 11<sup>o</sup>, 12<sup>o</sup></b> |
| 2015- Now | <b>Panhellenic Interdisciplinary Conference on ADHD</b><br><b>1<sup>o</sup>, 2<sup>o</sup>, 3<sup>o</sup>, 4<sup>o</sup>, 5<sup>o</sup></b>                       |



- 2021 **Scientific Symposium,**  
**Co-organizers: University of Patras, Frederick University,**  
**SKLE, Noesi, Help Lesvos**  
'Innovative Activities and Creativity in Social Work'
- 2012-2021 **Hellenic Society of Mental Health and Child**  
**Neuropsychiatry, Athens**

**MEMBER OF THE SCIENTIFIC COMMITTEE OF A POSTGRADUATE**  
**PROGRAM**

- 2017- Present **POSTGRADUATE PROGRAM OF THE MEDICAL SCHOOL**  
**EKPA,**  
(5 years) **"Mental Health of Children and Adolescents"**

**MEMBER OF THE BOARD OF DIRECTORS OF SCIENTIFIC**  
**ASSOCIATIONS**

- 2022-Present **Hellenic Institute for the Study of Trauma and Mental Health**  
**Promotion**  
Treasurer of the Board.
- 2012-2021 **Hellenic Association of Mental Health and Neuropsychiatry**  
**of**  
**the Child, Athens**  
Special Secretary, Secretary General  
(since 2018 Vice President of the Association)
- 2011 **Hellenic Society for the Study of ADHD**  
**Member of the Scientific Committee**  
(since 2018 member of the Board of Directors of the  
**Society)**
- 2012-2015 **Hellenic Psychiatric Forensic Society**

## PRESENTER IN TRAINING SEMINARS

- 2004 **Organizer: K.E.K. of Dodecanese Prefecture 'Gennimatas', Karpathos**  
Theme of the Training Seminar: "Care of the Elderly" (52 hours)
- 2021 **Child Protection Centre "Mitera",**  
Training Seminar Topic: "Profile of Biological Parents, Needs of Children living in Child Protection Settings & Management of Potential Difficult Behaviors.

## ATTENDANCE AT CONTINUING PROFESSIONAL TRAINING SEMINARS

### 14 PARTICIPATIONS

- 2016 **Child Psychiatry Clinic EKPA & Greek Society for the Study of ADHD,**  
'Basic Principles for the Application of Coaching Techniques in ADHD',  
(20 hours)
- 2015 **Department of Child Psychiatry EKPA**  
'Evaluation and Treatment of Infants, Children and Adolescents with Attention Deficit Hyperactivity Disorder (ADHD)',  
(60 hours)
- 2015 **Department of Child Psychiatry EKPA**  
'Child-Adolescent Mental Health, Family Needs. Promoting the Mental Health of Families with Adolescent Children'  
(56 hours)
- 2014 **Department of Child Psychiatry, EKPA & Ελληνική Εταιρία Μελέτης ΔΕΠΥ,**  
"Mental Health Promotion Programme for Children and Adolescents with Chronic Physical Illness"  
(3 Months)
- 2013 **Department of Child Psychiatry EKPA**  
"Positive Parents Happy Kids",  
(3 Months)

- 2012 **Department of Child Psychiatry EKPA**  
'Specific Developmental Speech & Movement Disorders'  
(2 Months)
- 2011 **Department of Child Psychiatry EKPA**  
'Effective Child and Family Programme'  
(2 Months)
- 2010 **Department of Child Psychiatry EKPA**  
**& Ελληνική Εταιρία Μελέτης ΔΕΠΥ,**  
'Diagnosis-Treatment-Treatment of Children and Adolescents  
with ADHD'  
(4 months, 30 hours)
- 2010 **Family Therapy Unit of Ψ.N.A.**  
'Supervision in Family Therapy Systemic Approach'  
(1 year, 96 hours)
- 2009-2010 **Department of Child Psychiatry EKPA**  
'The Psyche of the Infant Psychoanalytic Psychotherapy  
Encounters'  
(9 months, 20 hours)
- 2009-2010 **Department of Child Psychiatry, School of Medicine, EKPA**  
'Loss and Grief in the Infant and Toddler'  
(4 months, 10 hours)
- 2008-2009 **Department of Child Psychiatry, School of Medicine, EKPA**  
'Clinical Events in the Examination Room'  
(7 months, 20 hours)
- 2005 **Foundation for Psychosocial Education and Support**  
**'DIACONIA', Archbishopric of Athens, Prevention Center**  
'Family - Prevention and Promotion of Mental Health'  
(20 hours)
- 2003-2006 **Family Therapy Unit of Ψ.N.A.**  
'Systemic Approach Family Therapy'  
(3 years, 300 hours)

## FAMILY PSYCHOTHERAPIST AT THE SPECIAL FAMILY THERAPY CLINIC

**2008-2020**      **Department of Child Psychiatry, School of Medicine, EKPA  
– Special Family Therapy Clinic**  
(12 years)      Responsible: Kaltsa A.  
Therapists: E. Riga, A.M. Chilia, V. V. V. Salavou & I.  
Farmakopoulou  
(12 Families per Month)

## ENTRY IN PUBLIC REGISTERS OF EVALUATORS AND TRAINERS

**2005**      **Register of Assessors of the Ministry of Health and Social  
Affairs. Solidarity (M.AX.Y.Y.P.) for the Evaluation of  
Continuing Training Measures for Employees and  
Unemployed of the Health and Public Health Sectors.**  
(17 years)

**2004-2020**      **Register of Continuing Vocational Training Instructors of  
EKEPIS**  
(16 years)      Expect Renewal

## PARTICIPATION IN PERSONAL DEVELOPMENT ACTIVITIES

**2015**      **E-learning EKPA Practical Exercises in Creative Writing**

**2004-2005**      **Individual Psychoanalytic Psychotherapy**

**2010-2011**      **Individual Systemic Psychotherapy**

## DISTINCTIONS AND SCHOLARSHIPS

1995-1999 **Social Scholarships Foundation (IKY),  
Subject: Social Work**

1990-1994 **Union for Multichildren Families**