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CURRICULUM VITAE

Assistant Professor Ignatia (Nadia) Farmakopoulou

Personal Details

SURNAME
NAME
DATE OF BIRTH
MARITAL STATUS
E-mail
Tel

FARMAKOPOULOU
IGNATIA (NADIA)
11/11/1972
MARRIED
ifarmakop@upatras.gr
Mobile 697 335 1825

Post-Graduate Studies

May 2000 - Aug 2001

Research Fellowship (2nd post-Doc),
University of Edinburgh,
Department of Education
and University of Stirling
Department of Applied Social
Sciences

Research project title: *'Documenting the experiences of inclusive education of students with disabilities'*

Research team.

Dr Nick Watson, Ian Martin και Dr Nadia Farmakopoulou (Πανεπιστήμιο του Εδιμβούργου)
Dr Heather Wilkinson (Πανεπιστήμιο του Στέρλινγκ).
The research involved analysis of statistical and policy documents, a series of interviews with Directors of Further Education Colleges and Adult and Community Education Centres.

It also relied on ethnographic data i.e., participant observation of disabled students' classes in both special and mainstream classes, informal meetings with students in various places such as their school canteens and cafeterias and focus groups.

In addition, the research included a case study method where a series of semi-structured interviews were conducted with 40 disabled students followed by a series of in-depth interviews with 25 disabled students from five higher education institutions.

My own tasks included both conducting the research and the first level of data analysis.

Feb.1999- Mar. 2000

Research Fellowship (1st post-Doc),
University of Edinburgh,
Department of Social Policy
and University of Glasgow
Department of Social Policy and
Social Policy and Social Work

Research project title:

'Social justice in the assessment of children with special educational needs: Comparative study of Scotland/England'.

Research team:

Prof Michael Adler & Dr Enid Mordaunt (University of Edinburgh) Prof Sheila Riddell & Dr Nadia Farmakopoulou (University of Glasgow).

Research included statistical & policy text analysis, postal social research, a series of interviews with

politicians, lawyers, press representatives, representatives of voluntary organisations for people with disabilities and professionals in the following Ministries: Education, Welfare and Health. In-depth study in two areas and analysis of 48 case-study children of primary and secondary schools with special educational needs.

Interviews with all professionals working with the selected pupils, as well as interviews with disabled pupils and their parents.

My own tasks included conducting all the interviews that took place in Scotland and the first stage of analysis of both the quantitative and qualitative data.

The purpose of the research was to investigate inter-professional and inter-agency collaboration between education and social work departments in the process of diagnosing the special educational needs of pre-school children. More specifically, it included the exploration of different types of collaboration and the recording of experiences and perceptions of the main actors in the diagnostic process (child psychologists, child psychiatrists, pediatricians, kindergarten teachers and social workers). The methodological approach included a postal social survey, a series of semi-structured interviews with the professionals as well as with the parents of the selected cases (case study children).

Research courses: Quantitative and qualitative analysis (EXCEL, SPSS, ETHNOGRAPH, NUDIST).

Recognized by the Inter-University Centre for the Recognition of Qualifications (DI.K.A.T.S.A.) on 3/5/01

1995-1996
Master of Arts in Social Work Studies
University of Kent,
Department of Social Policy
and Social Work

Social Work Dissertation Title: *'Empowerment of children with disabilities and their families'.*

Essays: Complexity of the role of the hospital social worker; ways of reintegrating people with disabilities; critical analysis of key theories of child abuse; critical analysis of cognitive behavioural therapy for people with depression; family counselling for people with terminal cancer; family therapy for adolescent anorexia nervosa; social work with groups for alcoholism problems.

Courses: Interviewing techniques, Child Care, Social work with older people.

Seminars: Dealing with violence, cognitive therapy, dealing with loss of loved ones, techniques for solving complex problems, systems theory and its application in the work of the social worker.

Recognized by the Inter-University Center for the Recognition of Foreign Qualifications (I.C.C.A.T.S.A.) on 01/18/01/01.

Undergraduate Studies

Feb 1991 - Dec 1994

Bachelor

**Technological Educational
Institute (TEI) of Athens
Department of Social Work**

Title of Thesis:

'Social integration of physically disabled children in ordinary schools: Comparative study of Scotland/Greece'.

Placements:

1993-1994 Erasmus Programme/Student exchange program:

Social work in a special education school (Westerlea School).

Methods Used: Social Work with Families.

1992-1993 Intercultural Psychosocial Centre of Agia Varvara.

Community program for minorities (Roma and Gypsies).

Methods Used: Social Work with Individuals, Social Work with Groups and Social Work with Families.

1992-1993 Athens Mental Health Centre. Participation in a community program for young people with schizophrenia.

Methods Used: Social Work with Groups.

1991-1992 Tavros District Social Centre of the National Welfare Organization.

Methods Used: Social Work with Individuals, Social Work with Groups and Social Work with Families.

Professional Employment in Great Britain

Oct. 1999 - Jun. 2000,
A. Teaching Assistant (Tutor)
Social Policy II
University of Glasgow,
Department of Social Policy
and Social Work
Oct. 1998-June 1999

Theories of Social Policy II

This course paid particular attention both to specific projects (Bismark & Beveridge project) and theorists (Locke, Marx, Friedman) and to basic concepts such as human, social and political rights, family policy and social networks.

Theories of Social Policy I

Introduction to social policy (what it is and why we study it), history of social policy and its current structure, social security, and history of social welfare.

B. Teaching Assistant (Tutor)
Social Policy I
University of Edinburgh,
Department of Social Policy
and Social Work

Professional Employment in Greece

2020- Present
A. Assistant Professor,
Department of Education Sciences
and Social Work,
University of Patras

A. Teaching
Courses taught in the Fall Semester to
Undergraduate Students

2020-2021, 2021-2022, 2022-2023,
2023-2024, 2025-2026

1. Addictions and Social Work

Compulsory Course taught at 5th semester students

The main purpose of the course is to acquire knowledge for understanding the detection and management of cases involving dependent family members (adolescents or parents).

The weekly course is divided into two equal parts (Theory and Clinical Practice - Clinical Examples and Role Playing).

Upon successful completion of the course, students will be able to:

Understand the contribution of social work to the prevention and treatment of cases involving addicted individuals.

Understand the concept and content of social work methods with addicted individuals (social work with individuals, groups, family and community).

Understand the different types of drugs (such as marijuana, cocaine, heroin) and types of addiction (alcohol, drugs, gambling and internet addiction).

They appreciate the strengths of family systems in resolving addiction among family members.

Dealing with abusive behavior of addicted individuals.

Becoming aware of the prevention and promotion of psychosocial health of addicted individuals.

Becoming aware of intercultural approaches to addiction.

Apply appropriate clinical knowledge, skills, and techniques from diagnostic assessment to intervention and termination of social work with addicted users.

Use a model of inter-disciplinary and inter-agency collaboration.

Understand the goals, stages, and types of addiction recovery.

Understand the social, psychological, and biological factors that lead to substance abuse.

2. Social Work with Families

Compulsory Course, for students in 7th semester

This course aims to provide undergraduate students with knowledge of the understanding of the psychodynamics of the family within its social context and up-to-date knowledge of different theoretical approaches. By examining the role of the social worker, the stages, and techniques of social work with families, this course aims to enable students to implement diagnostic assessment of family dynamics, as well as strategies for family empowerment and different interventions in family crisis situations (e.g., domestic violence, divorce, family member's dependence on alcohol or psychotropic substances, family member's physical and/or mental health problem, disability, loss of a family member, family member's disability, family member's death, etc.).

Students are given real clinical cases of social work with families from the countless families that I have encountered in my clinical career, in which, of course, their identities are concealed for legitimate reasons.

The teaching is mainly based on the following books:

D. Collins, C. Jordan & H. Coleman, (eds. Ch. Asimopoulos & S. Martinaki), 2017, Social Work with Families, 4th edition, VITA Publications and A. Vergeti, 2009, Social Work with Families in Crisis, Topos Publications.

3. Domestic Violence and Abuse:

Optional Course, taught at 5th semester students

The main purpose of the course is the acquisition of knowledge and skills necessary for the detection, diagnosis and management of Domestic Violence and Abuse through a perspective of interdisciplinary cooperation with the goal of teaching a holistic approach to the social phenomenon. The theories of this timeless issue as well as its Historical Path are studied. The Legal and Psychosocial Context in our country and the International Practices are examined. Also, a review of relevant research studies and statistical data in our country and worldwide is carried out. Reference is made to the Organizations involved in the Prevention and Treatment of this Social Problem in Greece and Internationally. It is also explained how the Economic Crisis and the Psychosocial Effects of the Covid-19 Pandemic contributed to the rapid increase in incidents of domestic violence. Finally, this course aims at Documented Practice through a thorough Presentation of a Plurality of such cases from the beginning of their Detection, their Pediatric Psychiatric Assessment to their Final Outcome (removal or not from the family environment and management in the community context).

The teaching is mainly based on the following books:

Bewley. S. Welch J, 2017, ABC Domestic and Sexual Violence, Athens: Parisianos Publications

Hatzifotiou S, 2016, Domestic Violence against Women and Children: Findings and Challenges for Social Work. Athens.

Courses taught in the Spring Semester to Undergraduate Students

2020-2021, 2021-2022, 2022-2023, 2023-2024, 2025-2026

4. Introduction to Social Work

Compulsory Course taught at 2nd semester students (co-teaching)

This course aims to provide undergraduate students with knowledge of the history background of Social Work in Greece and at developed countries and its up to date evolution. It starts with a definition of social work, reviews the history of the profession, and describes advocacy as a major aspect of social work. The advocacy practice and policy model is defined through examples and applications. It examines how social workers respond to human needs such as poverty and inequality; family and child welfare; health care and health challenges; physical, cognitive, and developmental challenges; mental health; substance use and addiction; helping older adults; and criminal justice. It also assesses the strengths of people and communities in support of possible advocacy strategies.

The teaching is mainly based on the following book:

Cox, L., Tice, C., Long, D., (2022). Introduction to Social Work: An Advocacy-Based Profession. Third Edition.

Kalinikaki T. Introduction to Social Work. (2011). Topos.

5. Family Counselling in the Context of Social Work

Compulsory Course taught at 4th semester students

The main purpose of the course is to acquire knowledge and skills necessary for the application of counselling in social work with a special focus on family counselling. Counselling approaches in social work, types of counselling, interviewing in social work and counselling techniques are examined.

Issues regarding the application of counselling in multicultural families as well as in minority families are also analyzed. Teaching focuses on counselling children and adolescents as well as on sibling relationships. Examples of social work interventions that focus on the "here and now" are presented, discussed and analyzed, attempting to link theory

and practice in the context of applied social science of social work.

The teaching is mainly based on the following books:

Collective Volume, (ed.) Christina Athanasiadou, Counselling Psychology: Research and Applications, 2020, 1st edition, Publisher: Gutenberg

Kandylaki A., Counselling in Social Work, 2008, 1st edition, Publisher: Topos.

6. Social Work in Situations of Psychological Crises

Compulsory Course, taught at 6th semester

This course is based on several foreign and Greek bibliographical sources (M. PAYNE, K. KANEL, O'HAGAN, A. VERGETI, M. DEMOPOULOU-LAGONIKA). The syllabus begins with the presentation of the THEORETICAL APPROACHES to the crisis in general and the family in particular. It continues with the description of the main interventions in general and specifically in SOCIAL WORK. One chapter focuses on the management of cases of loss/mourning. Another chapter approaches the issue of dealing with cases of disability, chronic illness, traffic accidents and self-destructive behavior. It also discusses the management of crisis situations in sexuality issues (e.g. abortion, rape, homosexuality communication, working with LGBTI people and people with HIV/AIDS and their families). Reference is made to dealing with incidents of people in crisis due to addictive behavior (gambling, alcohol, drug use) and offending behavior (theft, violence, murder, substance use). In addition, the case management of cases in crisis situations due to dementia, Alzheimer and/or bedridden elderly people in hospital or in their homes is analyzed. Reference is made to crisis management in cases of natural disaster emergencies (e.g. earthquakes, floods, tornadoes, fires). In all courses, CASE STUDIES are given of incident management and techniques used by professional social workers.

7. Psychotherapeutic Approaches: Family Therapy

Compulsory Course, taught at 8th semester.

Teaching focuses on the presentation of the major first, second, and third generation family therapy models (communicative, intergenerational, structural, psychoanalytic, strategic, Milan systemic, solution-focused, and narrative), while studying

clinical examples of each school of family therapy and providing students with the opportunity to become familiar with the family therapy techniques used in each model in the context of laboratory/clinical practice. Students are also given the opportunity to become familiar with the Synthetic Systemic Therapy Model in Greece

The teaching is mainly based on the following books:

B. B. Papadioti-Athanasίου and L. Softa-Nall, 2018, Schools of Family Systemic Therapy, Topos Publications

I. Goldenberg & H. Goldenberg, 2005, 1st edition, Family Therapy. Kolaitis & Associates, 2020, Collected Volume, Contemporary Child and Adolescent Psychiatry, BETA Medical Publications.

8. Inter-professional and Inter-disciplinary cooperation

Optional Course, 6th semester.

The teaching is based on the review of recent relevant research studies in different fields (health, typical and special education, services for physical and mental health problems) in institutions where staff work interdisciplinary and/or inter-agency for minors and adults (children's hospitals, child psychiatric clinics, general hospitals, psychiatric hospitals, institutions, shelters, ordinary schools and special schools, municipal social services, regional social services, prosecution and police authorities, juvenile courts, old people's homes, KAPI) in Greece and internationally. The syllabus refers to the analysis of relevant concepts, advantages and disadvantages of interdisciplinary cooperation, obstacles and techniques of effective cooperation, conflict resolution as well as reference to empirical examples of good and bad practice of interdisciplinary and inter-administrative cooperation.

The teaching is mainly based on the following books:

Kolaitis & Co., 2020, Collective Volume, Contemporary Child & Adolescent Psychiatry, BETA Publications &

Parlalis, Stavros, 2011, The Practical Applications of Social Work in Greece and Cyprus, Pedio Publications

9. Graduate Seminars

Workshop, Optional Course, 8th semester.

Research study on a social issue or phenomenon related to Social Work. The assignment includes: search for relevant bibliographical sources (books and journals both in Greek and English), definition and description of a social phenomenon, design of a research methodology, determination of a research method, conducting a research study, data analysis, documented presentation of results and proposals. Drafting abstracts and teaching how to write them. Learning how to write publications in Greek and international journals. Explanation of the stages of organizing a conference or of the duties as a member of an organizing committee of a conference (Greek and international).

10. & 11. Placements of Students at Z' & H' Semester

Names of the Placements: (Childcare Centre for Girls Skagiopouleio, Ark of Love Home for the disabled, SOS Children's Villages, Smile of the Child Association, Magic Palace Children's Home, Agios Andreas General Hospital and Karamandaneio Children's Hospital, Alma Zois for Breast Cancer Cases, 1st & 2nd Special Primary School, SOPSY, KEDASY 2o.

The students are taught in an interactive way how to manage complex cases through real cases from the workplace of the respondent, analysis of social films and videos, in vivo meetings with the Allocated Social Workers, they are also taught how to complete a social and medical history report and how to undertake referrals through relevant forms.

The students undertake interviews with beneficiaries in their Settings through role playing and finally they are taught techniques of parent counselling through vignettes of clinical examples.

12. Social Work with Families

Workshop, Compulsory Course, 7th semester

Role playing of Case Studies and Vignettes, Videos and Visits at Social Services' Organizations that work with families.

The teaching is mainly based on the following books:

Vergeti, A. (2009). Social Work with Families in Crisis, Topos Publications.

13. Social Planning

Compulsory Course, 6th semester

Teaching includes an analysis of theoretical approaches to designing social policy programs, the concepts of social planning and the assessment of social needs and social problems. Within the framework of the lectures, the process of social planning, phases and stages of social planning development are described. The techniques, methods, and tools for developing social policy program management plans (Gantt, Pert, PCM) were analyzed. Also, the implementation of social policy programs in Greece and internationally and the ways of their evaluation were studied.

The teaching is mainly based on the following texts:

K. Dimoulas, 2019, Design, implementation and evaluation of social policy programs, & K. Kasimatis, 2006, Social Planning and Evaluation: Methods and Practices.

B. Supervisor of Post-Doc Thesis

2024-Present

V. Baltsioti

Post-Doc Doctoral Thesis Title:

«Inter-agency and Multi-disciplinary Collaboration between School Social Workers, Parents, and Community Organizations in Identifying Students with Child Psychiatric Disorders»

C. Supervisor of Ph.D Theses

Graduated Ph.D. Students

2021-2024 (3 years)

V. Baltsioti

Doctoral Thesis Title:

«Implementation of Law on Children's Fostering: Highlighting Good Practices»

Ph.D. Students

2025-Present

1. A. Sytilidou

Doctoral Thesis Title:

«Investigating the Contribution of the Multi-disciplinary Team to the Management of Psychosocial Challenges in Infants with Health Problems»

2025-Present

2. S. Eustathiou

Doctoral Thesis Title:

«Inter-disciplinary Collaboration of Teachers, School Social Workers and School Psychologists in the Detection of Cases of Victims of Domestic Violence and School Bullying »

2025-Present

3. G. Baka

Doctoral Thesis Title:

«Investigation of the psycho-emotional effects of the social phenomenon of Parental Alienation on children and the alienated parent»

2025-Present

4. E. Choulaki

Doctoral Thesis Title:

«Investigation of the Impact of Violent Behavior of Adolescents in the Family and School Environment and Drop on School Performance»

2023-Present

5. T. Sismanidou

Doctoral Thesis Title:

«Investigation of Parental Influence on Attention Deficit Hyperactivity Disorder in the Adolescent Population»

2022-Present

6. P. Kloni

Doctoral Thesis Title:

«Investigation of Internet Addiction in Adolescents with Autistic Spectrum Disorder»

2022-Present

7. M-G Goutsoula

Doctoral Thesis Title:

«The Role of Lifelong Learning in the Professional and Family Life of Civil Servants and its Contribution to Promoting their Health»

**D. Supervisor of Undergraduate Dissertations
(45 Dissertations)**

2025

1. E.L. Drosinou

Dissertation Title:

«Difficulties in Student Life for People with Dyslexia»

2025

2. S. Proiou

Dissertation Title:

«Counseling Parents of Children on the autism spectrum disorder at Special Elementary School»

2025

3. G. Kanelopoulou & E. Kaxeri

Dissertation Title:

«Investigating the Impact of Volunteering on Family Relationships»

2025

4. M. Selenitsa

Dissertation Title:

«Psychological Support and Counseling for Families with Children Suffering from Cancer»

2025

5. N. Tito & I. Tito

Dissertation Title:

«The Impact of Socio-economic Status of the Family's Decision Concerning the Studies of their own Children in Higher Education»

2025

6. A. Panagiotopoulou

Dissertation Title:

«Investigating the Effect of Parental Relationship with their own Child on Alcohol Use and Abuse in Adolescents»

2025

7. A. Rekka

Dissertation Title:

«Investigation of Psychosomatic Effects on Adolescent Siblings of Children with Autism Spectrum Disorder»

2025

8. A. Andrikopoulou & I. Binieri

Dissertation Title:

«Investigation of Psychological Effects on Firstborn Preschool Children Due to the Birth of a Sibling»

2025

9. K.I. Rizou

Dissertation Title:

«Crisis Management in Natural Disasters: Focus on Disruption of Family Functionality»

2025

10. A. Adamopoulou

Dissertation Title:

«Investigating the Experience of Adolescents belonging to Multi-Children Family during the Covid-19 Pandemic»

2025

11. I. Makri

Dissertation Title:

«Investigation of the Relationship between Parenting Style and Formation of Friendships among Primary School Pupils»

2025

12. C. Dimitriou

Dissertation Title:

«Multi-disciplinary Collaboration between School Social Workers and School Psychologists in Primary Education in Mainstream Schools»

2025

13. P. Riginioti & P. Theodoridi

Dissertation Title:

«Parental Influence on the Choice of the Departmental Studies of their own Child»

2025

14. O. Theodopoulou & S. Thanou

Dissertation Title:

«Investigating School Bullying among Adolescents: Focusing on the Social Phenomenon of the Observer»

2025

15. I. Bassa

Dissertation Title:

«Investigation into the Maintenance of Family Relations of Male Detainees»

2024

16. E. Karagianni & E. Skamnia

Dissertation Title:

«Investigation of the Social Phenomenon of Femicide in Greece»

2024

17. D. Poulima

Dissertation Title:

«Investigation of Parental Views on the Relationship between Anxiety Symptoms in Adolescents and the COVID-19 Pandemic: The Practice of Clinical Social Work»

2024

18. D. Mereou & S. Tzaferi

Dissertation Title:

«Investigation of the Social Phenomenon of Cyberbullying at Adolescence Population»

2024

19. E. Bourou

Dissertation Title:

«Investigation of Protective and Exacerbating Factors in the Social Phenomenon of Homelessness»

2024

20. T. Pavlidou

Dissertation Title:

«Difficulties in Student Life for People with Visual Impairments»

2024

21. S. Kolokitha & A-M. Makrikosta

Dissertation Title:

«Inter-professional Collaboration between Teachers and Social Workers in Secondary Education in Mainstream Schools»

2024

22. T. Pavlidou

Dissertation Title:

«Difficulties in Student Life and Frequency of School Dropout among Individuals with Attention Deficit Hyperactivity Disorder»

2024

23. D. Makri

Dissertation Title:

«The Relationship Between Family Functioning and Cases of Diabetes Type I: The Practice of Social Work»

2024

24. K. Koukouzeli

Dissertation Title:

«Investigating the Social Phenomenon of Gender-Based Violence: Opinions and Attitudes of Social Workers»

2024

25. E. Danalia

Dissertation Title:

«Investigation of Psychosocial Reactions and Attitudes of Women who experienced Fetal Loss During the Perinatal Period»

2023

26. D. Markouzani, M. Polikarpou & E. Xondrou

Dissertation Title:

«Investigation of Social Workers' Perceptions and Attitudes in Municipal Social Services regarding the Detection, Diagnosis, and Management of Child Abuse and Neglect Cases»

2023

27. V. Koubouli & A. Tirli

Dissertation Title:

«Conflictual Divorces with a Focus on Alienated Parent Syndrome: The Practice of Social Work»

2023

28. A. Georgopetri & V. Damala

Dissertation Title:

«Conflictual Divorces with a Focus on Alienated Parent Syndrome: The Practice of Social Work»

2023

29. C. Eustratiou, E. Lepsinioti & A. Dokos

Dissertation Title:

«Impact of Covid-19 Pandemic on School-Age Children with Spectrum Autistic Disorder and Role of Social Worker in Special Schools»

2023

30. K. Koskinioti

Dissertation Title:

«The Role of Social Workers in Detecting and Managing Cases of Trafficking of Minors»

2023

31. N. Gerodimos

Dissertation Title:

«Vocational Rehabilitation of Young Adults with Autism Spectrum of High Functioning: The Practice of Social Work»

2023

32. S. Gaber & N. Stratou

Dissertation Title:

«Investigation of Street Social Work in Greece»

2022

33. E. Iliopoulou, G. Margariti & G. Bahti

Dissertation Title:

«Role of Social Worker in Detecting and Managing Munchausen Syndrome by Proxy»

2022

34. A. Eleni, M. Kourkouna & A-G. Oikonomou

Dissertation Title:

«Impact of Parental Loss in Childhood on Adolescence Period»

2022

35. L. Athanasopoulou, E. Ktenavou & K. Bobolas

Dissertation Title:

«COVID-19 in Children on Primary Education»

2022

36. M. Siafla

Dissertation Title:

«Role of Social Worker as Family Therapist in Anorexia Nervosa Cases»

2022

37. P. Liopeta & D. Psarakou

Dissertation Title:

«Domestic Violence in the Context of Covid-19 Pandemic»

2022

38. M. Tzakosta & C. Tsipi

Dissertation Title:

«Investigation of Child Psychiatric Disorders of Children from Families in Conflictual Divorce»

2022

39. I. Anastasopoulou, E. Gatzopoulou & P. Papamarkou

Dissertation Title:

«Conditions of Detention for Mothers and their Infants at Eleonas Women Detention Center: The Practice of Social Work »

2022

40. P. Euthimiou, E. Kirieri & E. Mitsoula

Dissertation Title:

«Outlining the Profile of Prospective Adoptive Parents: The Practice of Social Work»

2021

41. N. Bari, N. Theoropoulou & K. Stavropoulou

Dissertation Title:

«The Institution of Adoption and the Psychological Preparation of Prospective Adoptive Parents»

2021

42. M-M. Giannakopoulou & V. Dimitrakopoulou

Dissertation Title:

«The Practice of Social Work in Foster Care for Children with Disabilities»

20214

43. P. Batsi & C. Takoris

Dissertation Title:

«The Role and Opinions of Mental Health Professionals Regarding the Deinstitutionalization of Primary School Children»

2021

44. G. Alexandropoulou & S. Toublis

Dissertation Title:

«Professional Burnout of Hospital Social Workers»

2020

45. K. Kalaboki

Dissertation Title:

«The Social Phenomenon of Child Abuse. Social Worker's Role in Prevention and Intervention»

**May 2003 - Dec. 2019 &
Jul. 2019-Jan. 2020, (17 years)
B. Clinical Social Worker
General Children's Hospital
"Aghia Sophia", Child Psychiatry
University Clinic,
National and Kapodistrian University
of Athens (EKPA), Faculty of
Medicine,
Permanent Staff**

a) Member of the Interdisciplinary Unit

(Child Psychiatrists, Psychologists, Social Workers, Occupational Therapist, Speech and Language Therapist and Special Educator).

The Unit provides services in all Clinics of the Hospital as well as in numerous Special Departments of the Hospital to children with:

psychogenic anorexia, ulcerative colitis, diabetes mellitus, rheumatoid arthritis, depression, psychosis, obsessive-compulsive disorder, school refusal, specific learning difficulties as well as with children who are: victims of traffic accidents, have attempted suicide, abandoned, physically and/or sexually abused and/or neglected.

Duties:

- **Parental and whole family counseling as well as referral to other socio-medical-educational services,**
- **Taking up psychosocial history reports, collaboration with medical staff, case presentation and record keeping.**
- **Management of cases of children admitted to the hospital at the request of the public prosecutor**

(taking a psychosocial history report, holding a series of meetings with the parent(s) for parental assessment, holding meetings with other important caregivers of these children, preparation of a child psychiatric assessment for responding to the Public Prosecutor's Office request, finding a suitable Child

Protection Framework which no longer have many beds available, cooperation with Associations that have volunteers to accompany the children to the hospital for a few hours, cooperation with a long list of services such as local social services to send to me the social report of the cases I have undertaken, cooperation with Child Protection Placements, submission of all documents for the admission of these children to a Child Placements).

- **Dealing with dozens of cases of unaccompanied refugee minors.**

b) Member of the Interdisciplinary Team of the Specialist Clinic for Autism Spectrum Developmental Disorders

(Child Psychiatrists, Psychologists, Social Worker, Occupational Therapist, Speech and Language Therapist).

It is aimed at children and adolescents up to 18 years of age and their parents who are referred with a possible diagnosis on the autism spectrum (e.g. autism, pervasive developmental disorders, asperger's syndrome).

c) Member of the Interdisciplinary Family Therapy Unit - Special Family Clinic

(Child Psychiatrists, Psychologists, Social Workers who are trained in Family Therapy).

The Unit takes on cases where children/adolescents present a problem that adversely affects family functioning or dysfunctional phenomena in the family.

d) Member of the Interdisciplinary Audiology Counselling Unit

(Speech and Language Pathologists, Psychologist, Social Worker, Head of Department-Surgeon).

The Unit provides a program of Psychoeducation, Counselling and Preparation to infants and children who are about to receive cochlear implants as well as psychosocial, practical and speech and language support to those who have already undergone surgery.

e) Counselling of parents of hospitalised children with diabetes mellitus

Collaboration with all paediatric clinics and the diabetology department where counselling and support is provided to parents of children with first diagnosed and unregulated diabetes mellitus and then scheduled follow-up interviews.

f) Performance of various duties in the Social Service Office

All fellow Social Workers spend half a day on a weekly basis in this position serving client patients and their families on various social issues of concern e.g., Information regarding welfare benefits, in-kind benefits, housing of parents outside Attica, and referral to various general and mental health services, education, Justice and finding a placement for child protection for abandoned children.

Jan. 2019 - Jul. 2019

Posting to Office of the Deputy Minister for Citizen Protection

a) Responsible for conducting a Day Conference titled "Effective Management of Traffic Incidents", 19/04/2019, which was attended by officers and staff of the Hellenic Police and the Fire Brigade, who are involved in dealing with traffic incidents with the goal of drafting a good practice manual.

b) Member of the Inter-scientific Working Group on the management of juvenile incidents by the Police Authorities.

c) Member of the Inter-Disciplinary Working Group on the newly established Domestic Violence Office within the Ministry of Citizen Protection.

(d) Author of scientific articles which have been contributed by the Office of the Deputy Minister for Citizen Protection

: economic crisis and increase in social incidents, street children, case studies of unaccompanied refugee minors (children and adolescents).

Nov. 2003 - June 2004

C. Teaching Staff

**ASPAITE/Pedagogical Department,
Post-Graduate Teaching
Athens**

Course taught in the Counselling Department and Guidance (GGC) at ASPAITE:

Counselling and Professional Guidance

Teaching included analysis of theoretical background (e.g., classical psychoanalytic theory, humanistic theories, cognitive and behavioral theories), counseling techniques and skills, vocational guidance, self-awareness/self-concept, environmental awareness, decision making and life skills acquisition.

The teaching was based on the following books:

Dimitropoulos, 1999, Counseling and Counseling Psychology, Volume A, Counseling and Guidance, Volume B, & Brouzos, 1999, The Teacher as a Counseling and Orientation Officer.

Oct. 2002 - Sept. 2003
D. Teaching Staff, Bachelor
TEI Athens,
Department of Social Work

Course taught in the Fall Semester

1. Social Research II: Analysis, Workshop

The Workshop part was divided into 3 groups and was taught by 2 other colleagues and me who met regularly to establish common objectives for the course. Small sub-groups of students (3-4 students) were assigned a project which involved the analysis of data from previous research studies that have used a range of different methods. More specifically, each sub-group focused on the analysis of a different method

(e.g., questionnaire, semi-structured interview, case study, vignettes, participant observation, content analysis, archival study)

and at the end of the semester each sub-group presented their work.

Winter Placements of 7 students of Semester Z:

"Mental Health Centre, Anos", N. Kosmos, "Care and Family Centre" Karea, "Health and Welfare Directorate" West Sector Egaleo, "Social Service of the Municipality" Aspropyrgos.

2. Social Services and Organizations, Workshop

Cooperation with and visits to various social services, students of Semester C.

After each visit, students handed in papers based on the printed material provided to these organizations and at the end of the semester students took a written exam (multiple choice questions).

Course taught in the Spring Semester

3& 4 Social Work and Social Problems: Theory and Workshop

The theoretical part included teaching theoretical framework for social problem analysis, analysis of social welfare in the present time, social service structure and social welfare programs.

The teaching was based on the following book:

Stathopoulos, 1999, Social welfare: a general perspective)

The Workshop consisted of small sub-groups of students (3-4 people) who undertook a project which included the analysis of an issue and its relation to

social welfare programs, the identification of the relevant population and detection of their needs, analysis of the causes of this issue and analysis of the role of the specialist. More specifically, each sub-group focused on the analysis of a different issue (e.g., suicide, drugs, prostitution, AIDS, contraception, abortion, adoption, foster care, unwed mother, cancer, divorce, racism, abuse, unemployment, homosexuality) and at the end of the semester each sub-group presented their work.

Oct. 2002 - Sept. 2003

E. Teaching Staff, Bachelor

**ASPAITE/Pedagogical Department,
Athens**

1. Educational Research, Theory

The theoretical part focused on the main theoretical and methodological differences between quantitative and qualitative research and the study of the main advantages and disadvantages of these methods. Examples of educational research were also given.

Teaching based on the following books:

Dimitropoulos, (2001) Introduction to the methodology of scientific research; Cohen & Manion (2000) Methodology of educational research;. & Robson, (1999), Research: the real world.

2. Vocational Psychology, Theory

Teaching included the following topics:

historical review of organizational psychology, analysis of the theoretical framework of the subject (e.g., theories of work motivation, expectancy theory, goal setting theory, behavioral theories, job enlargement and enrichment, leadership, selection and evaluation of personnel, team processes, and occupational stress).

The teaching was based on the following book:

Kantas, 1995, Organizational-Biomechanical Psychology, Volumes A, B, and C.

3. Counselling and Guidance, Theory

See Nov.2003-June 2004 ASPAITE

The course taught at the Department of Counselling and Guidance of ASPAITE: *Communication and Interpersonal Relations in Counselling and Guidance.*

The course focused on the following topics: communication theory, types and means of communication, communication techniques, communication and interpersonal relations, intercultural communication, communication problems and ways of dealing with them, observation in communication. Systemic approach was used.

Placements of 7th and 8th semesters students at the following Organizations:

"Health and Welfare Directorate" (Xanthi), "Red Cross" (Xanthi), "Care and Family Centers" (Xanthi and Komotini), "Special Schools" of Xanthi and Komotini, "Mental Health Center" of Kavala, "Association for the Care of Special Children of Komotini", and "Nursery" of Komotini.

Oct. 2001 - Sept. 2002

F. Teaching Staff, Bachelor

Democritio University of Thrace

Department of Social Administration

Direction/Division of Social Work

1. *Social Work with Groups* (Spring Semester).

The course was on a workshop/seminar nature and was based on experiential learning. Through the creation of sub-groups and the assignment of a common goal, students were assisted in becoming familiar with and understanding key theoretical approaches regarding groups such as behavioral and systems approaches. They were also familiarized with key concepts such as 'group dynamics', 'open and closed groups', 'natural and artificial groups', roles and positions in the group such as 'scapegoating'.

Teaching based on the following books:

T. Douglas, (1995); Copyright 1997 Survival in groups? T. Douglas, (1996) A handbook of common groupwork problems? A. Alissi and M. Casper, (1985), Time as a factor in groupwork: time-limited group experiences; D. Whitaker, (1985), Using groups to help people; Foundation for Social Work Development (1997), Group dynamics and change.

Publications in Peer-reviewed International Scientific Journals

1. **Farmakopoulou, I.**, Papanikolaou, K., Martinos, M., Gianakopoulos, G. (2025). Ways of Removing Social Exclusion of Young Adults with Autism Spectrum Disorder: Educational and Workplace Behaviour Pathways. *The Paris Conference on Education 2025: Official Conference Proceedings*, pp.1-13, ISSN: 2758-0962.
2. **Farmakopoulou, I.**, Baltsioti, V., Dimakos, I. (2025). Examining the Influence of Law 4538/2018 On Foster Care and Child Mental Health Outcomes within the Greek Child Protection Framework. *Child Studies*, 7, pp.121-144.
3. Gianakopoulos, G., Zaravinos-Tsakas, F., **Farmakopoulou, I.**, Pelt, B., Maras, A., Kolaitis, G. (2025). Unraveling Youth Trauma and Parental Influence After Twin Earthquakes. *Healthcare* 13(11), 1249, MDPI.
4. Marini, A., **Farmakopoulou, I.**, Dritsas, I., Gintoni, E. (2024). Clinical Signs and Symptoms of Anxiety Due to Adverse Childhood Events: A Cross-Sectional Trial in Adolescents. *Healthcare* 12(15), 1515, MDPI.
5. **Farmakopoulou, I.**, Lekka, M., Gintoni, E. (2024). Clinical Symptomatology of Anxiety and Family Function in Adolescents—The Self-Esteem Mediator. *Children* 11(3), 338, MDPI.
6. Baltsioti, V., **Farmakopoulou, I.** (2024). Revealing the Profile of Foster Parents, Biological Parents, Foster Children and the Triadic Relationship amongst them. *Technium Social Sciences Journal*, 55(1), pp.319–341.
7. **Farmakopoulou, I.**, Baltsioti, V. (2024). The Contemporary Foster Care Legislative Framework in Greece: A Review of its Assets and Weaknesses. *Technium Social Sciences Journal*, 55(1), pp.342–373.
8. **Farmakopoulou, I.**, Baltsioti, V. (2024). The Impact of Institutionalization and the Application of Alternative Forms of Child Protection in Greece: A Conceptual Review. *Technium Education and Humanities*, 8, pp.10–31.
9. **Farmakopoulou, I.**, Baltsioti, V. (2024). Benefits, Risk Factors and Cognitive Insights for Improving the Well-being of Minors in Greek Foster Care. *Technium Education and Humanities*, 8, pp.32–57.
10. Theodoratou, M., **Farmakopoulou, I.**, Kougioumtzis, G., Kaltsouda, A., Siouti, Z., Sofologi, M., Gintoni, E., Tsitsas, G. (2023). Emotion-focused coping, social support and active coping among university students: Gender differences. *Journal of Psychology & Clinical Psychiatry*. 14(1), pp. 5-9.
11. **Farmakopoulou, I.**, Theodoratou, M., Gintoni, E. (2023). Neuroscience as a Component in Education Setting. An Interpretive Overview. *Technium Education and Humanities*, 4, pp.1-7.
12. Theodoratou, M., Gintoni, E., **Farmakopoulou, I.** (2023). Executive Functions and Quality of Life in Neurodevelopmental Spectrum. An Outline. *Technium Social Sciences Journal*, 39(1), pp.430–439.
13. Gintoni, E., **Farmakopoulou, I.**, Theodoratou, M. (2023). Neuromusic Education in Cognition and Quality-of-Life Promotion. An Outline. *Technium Social Sciences Journal*, 40(1), 223–232.
14. Theodoratou, M., **Farmakopoulou, I.** (2021). Comorbidity issues between Autism Spectrum Disorders and Internet Addiction. Diagnosis and Treatment Implications. *EC Neurology Articles*, 13(10), 10-17.
15. **Farmakopoulou, I.**, Triantafyllou K., Kolaitis, G. (2017). Refugee children and adolescents in Greece: two case reports. *European Journal of Psychotraumatology*. Vol 8, 1351179, Taylor & Francis.
16. **Farmakopoulou, I.**, Watson, N., (2003). Motivations for entering and pathways of progression of disabled students in further education. *International Journal of Inclusive Education*. 7:3, 223-239.

17. **Farmakopoulou, I.** (2002). What lies underneath? An inter-organisational analysis of collaboration between education and social work. *British Journal of Social Work*. 32, pp. 1051-1066.
18. **Farmakopoulou, I.** (2002). Using an integrated theoretical framework for understanding inter-agency collaboration in the special educational needs field. *European Journal of Special Needs Education*. 17:1, pp. 49-59.
19. **Farmakopoulou, I.** (2001). Inter-agency collaboration in the special educational needs assessment. *Journal of Interprofessional Care*. 15:4, pp. 399-401.
20. Riddell, S., Adler, M., Mordaunt, E. **Farmakopoulou, I.** (2000). Special educational needs and competing policy frameworks in England and Scotland. *Journal of Education Policy*. 15:6, 621-6.

Publications in Greek Peer-Reviewed Scientific Journals

21. **Farmakopoulou, I.,** Baka, G., Douzenis, A. (2025). Systematic Bibliographic Review of Factors Leading to Parental Alienation and Ways of Managing it. *Child and Adolescent Psychiatry*, 12-13, 7-17, ISSN: 2241-6013.
22. **Farmakopoulou, I.,** Metaxa, A., (2025). Investigation of Difficulties Experienced by Students with Attention Deficit Disorder and Hyperactivity & Provision of Supportive Counseling. *I.M.E.G.E.E.* 1 (2), 55-67, ISSN: 2944-9014.
23. **Farmakopoulou, I.,** Kolokitha, S., Makrikosta, A., M., (2025). Multi-disciplinary and inter-agency collaboration between teachers and social workers. *I.M.E.G.E.E.* 1 (3), 33-48, ISSN: 2944-9014.
24. Baltioti, V. & **Farmakopoulou, I.** (2025). Inter-disciplinary and Inter-agency Collaboration between School Social Workers and Community Agencies in Identifying Cases of Students with Child Psychiatric Disorders. 11th International Scientific Conference of the Institute of Humanities and Social Sciences. *IAKE*. P575, 1-8.
25. **Farmakopoulou, I.** (2025). Contemporary methods of detecting and managing incidents of domestic and gender-based violence in the school environment: Moving towards an interdisciplinary and inter-agency approach. 11th International Scientific Conference of the Institute of Humanities and Social Sciences. *IAKE*. P815, 1-9.
26. Sismanidou, T., **Farmakopoulou, I.** (2024). What do we do to comorbid attention deficit hyperactivity disorder and Oppositional Defiant Disorder in the adolescent population? Article in Proceedings of the 1st International Pedagogical Conference of Pieria. Thematic Unit: *School climate: Contemporary challenges and prospects*. Volume C, 300-312, ISBN: 978-618-87508-2-1.
27. Pavlidou, T., **Farmakopoulou, I.** (2024). Inclusion practices in the education of individuals with visual impairments. Published Article in Proceedings of the 1st International Pedagogical Conference of Pieria. Thematic section: *School climate: Contemporary challenges and prospects*. Volume II, 915-926, ISBN: 978-618-87508-1-4.
28. **Farmakopoulou, I.,** Baltioti, V. (2024). The application of the social institution of foster care: Need for social integration of foster pupils in the school environment. Article in Proceedings of the 1st International Pedagogical Conference of Pieria. Thematic section: *School climate: contemporary challenges and prospects*. Volume C, 739-752, ISBN: 978-618-87508-2-1.
29. Sismanidou, T., **Farmakopoulou, I.,** (2024). Pathways of Comorbidity of Attention Deficit Hyperactivity Disorder & Oppositional Defiant Disorder in the Adolescent Population. *Elt News*, ISSN:1755-9715.
30. **Farmakopoulou, I.,** Ktenavou, E., Bobolas, K., Athanasopoulou, L. (2024). Investigation of the Psychological Effects of Covid-19 Pandemic on Primary School Pupils. *Educational Cycle*, 12(1), 51-65, ISSN: 2241-457.

31. Kloni, P., **Farmakopoulou, I.** (2024). Investigation of Internet Addiction with Adolescents with Autism Spectrum Disorder. *Special Education Issues*, 103, 13-26, ISSN: 1108-5509.
32. Baltioti, V., Farmakopoulou, I., (2023). Investigation of the application of Law 4538/2018 on the institution of foster care in the context of child protection. *Social Work*, 37/3-2023, 1-24, ISSN 2944-9332.
33. **Farmakopoulou, I.**, (2022). From "In the House Not in the City" to "In the House in the City" in Domestic and Gender-Based Violence. *Child and Adolescent Psychiatry*, Special Article, 10(2), 108-116.
34. **Farmakopoulou, I.** (2017). Collaboration of the Child Psychiatry Clinic with pediatric clinics on child user parent issues. *Notebooks of Psychiatry*, No. 7-8, 157-9.
35. Kaltsa, A., Liakopoulou, M., **Farmakopoulou, I.**, Petrogona, M., Lepenioti, M. Tsilia, A.M. Kolaitis. C. (2014). Symptomatology of Acute Stress Disorder and Post-Traumatic Stress Disorder in Children who have suffered a Serious Injury, and their Parents. *Child and Adolescent Psychiatry*, 1-2, 68-76.
36. **Farmakopoulou, I.**, Liakopoulou, M., Hadzara V., Kolaitis, G. (2012). Social Care or Lost Atlantis? Children's Journey from Removal from their Family Environment to their Final Rehabilitation; Reflections and Social Policy Proposals. *Social Work*, 105. 7-26.

Publications in Greek Collective Volume

37. Farmakopoulou, I., (2020). Alternative Forms of Child Protection: Foster Care and Adoption. In C. Kolaitis & Co., *Contemporary Child and Adolescent Psychiatry*, (pp. 571-576). Athens: Veta Medical Publications
38. Farmakopoulou, I., (2020). The Role of Social Workers in Child Psychiatric Clinics. In C. Kolaitis & Co., *Contemporary Child and Adolescent Psychiatry*, (pp.113-117). Athens: Veta Medical Publications

Publications in International Collective Volume

39. **Farmakopoulou, I.**, (2026). An exploration of Greek cultural, social and religious factors affecting the grieving process in the child and adolescent after parental loss. In **Decolonization of Death Studies**. Chapter Two. Edited by Pentaris. P., Pitsillides. S., Ghorbani., H., ISBN 9781032878553.
40. Theodoratou, M., **Farmakopoulou, I.**, Gintoni, E., (2023). A.D.H.D., Comorbidities and Multimodal Treatment. In *Perspectives of Cognitive, Psychosocial and Learning Difficulties from Childhood to Adulthood: Practical Counselling Strategies*. IGI Global.

Publications of Peer-reviewed Proceedings in International and Panhellenic Conferences

1. **Farmakopoulou, I.** (2025). Contemporary methods of detecting and managing incidents of domestic and gender-based violence: Moving towards an interdisciplinary and inter-agency approach. *11th International Scientific Conference of I.A.K.E.*
2. **Farmakopoulou, I.,** Baltioti, V. (2025). Interdisciplinary and inter-agency cooperation between school social workers, parents, and community agencies in identifying cases of students with child psychiatric disorders. *11th International Scientific Conference of I.A.K.E.*
3. **Farmakopoulou, I.,** Papanikolaou A., Martinos M. M, Giannakopoulos, G. (2025). Ways of Removing Social Exclusion of Young Adults with Autism Spectrum Disorder: Educational and Workplace Behaviour Pathways. *Paris Conference of Education*. PCE2025-93847.
4. **Farmakopoulou, I.,** Kosmopoulos, S., Theodoratou, M. (2025). Enhancing Therapeutic Collaboration in the Care of Substance-Dependent Mothers and Their Children. *33st European Congress of Psychiatry*. EPA2025-LB-4769.
5. **Farmakopoulou, I.,** Baltioti. V., Theodoratou, M. (2025). Evaluating the Implementation and Best Practices of Foster Care in Greece: Insights from Law 4538/2018 and the Anynet System. *33st European Congress of Psychiatry*. EPA2025-ABS-4582.
6. **Farmakopoulou, I. &** Baltioti. V. (2024). Examining the Influence of Law 4538/ 2018 on Foster Care and Child Mental Health Outcomes within the Greek Child Protection Framework. *9th ENSEC Conference Social Emotional Learning for Lifetime Achievement*.
7. **Farmakopoulou, I. &** Maria-Georgia Gkoutsoula. (2024). Lifelong Learning and Health Promotion for Lifelong Learning and Health Promotion for Civil Servants. *9th ENSEC Conference Social Emotional Learning for Lifetime Achievement*.
8. **Farmakopoulou, I.,** Metaxa, A., Theodoratou, M. (2024). Examining Challenges and Evaluating Supportive Counseling Approaches for Students with Attention Deficit Hyperactivity Disorder (ADHD). *32st European Congress of Psychiatry*. EPA2024-ABS-3497.
9. Theodoratou, M., Papandrea, D., Papathanassiou, I., Andriopoulou, P., Dafogianni, C., **Farmakopoulou, I.** (2024). Understanding Attitudes and Perceptions Towards Blood Donation in Greece: An Analysis Aligned with the Health Belief Model. *32st European Congress of Psychiatry*. EPA2024-ABS-2817.
10. **Farmakopoulou, I.,** Kolokitha Stavroula & Makrikosta Areti-Maria. (2024). Interdisciplinary and Inter-agency collaboration between educators and social workers. *2nd Panhellenic Conference on Special Educational Needs: Family - School - Adulthood – Community*.
11. **Farmakopoulou, I.,** Metaxa, A. (2024). Investigation of difficulties faced by students with attention deficit disorder and hyperactivity & provision of supportive counseling. *2nd Panhellenic Conference on Special Educational Needs: Family-School-Adulthood-Community*.
12. Poulima, D., & **Farmakopoulou, I.,** (2024). Investigation of parental views on the correlation between anxiety symptoms in adolescents and the Covid-19 pandemic. *32nd Panhellenic Conference on Psychiatry*.
13. **Farmakopoulou, I., &** Sismandou, T. (2024). Investigation of social and family factors that influence the occurrence of comorbid attention deficit hyperactivity disorder and oppositional defiant disorder in the adolescent population. *1st Interdisciplinary Conference on Special Education*.
14. **Farmakopoulou, I., &** Baltioti V., Dritsas, I., Dimakos, I. (2024). The social integration of pupils from the perspective of child protection in the school environment, *1st International Pedagogical Conference of the Pieria Primary Education Directorate*.
15. **Farmakopoulou, I., &** Pavlidou, T. (2024). Investigation of difficulties in studying for people with visual impairments: The practice of social work, *1st International Pedagogical Conference of the Pieria Primary Education Directorate*.

16. **Farmakopoulou, I., & Sismanidou, T. (2024).** Pathways leading to comorbid attention deficit hyperactivity disorder and oppositional defiant disorder in the adolescent population. *1st International Pedagogical Conference of the Pieria Primary Education Directorate.*
17. **Farmakopoulou, I., Baltioti, V., Theodoratou, M., Gkintoni, E. (2023).** Investigation of the implementation of Law 4538/2018 and promotion of good practices of the Foster Care Institution in the context of child protection. *13th Panhellenic Conference on Child and Adolescent Psychiatry.*
18. **Farmakopoulou, I., Koumpouli, V., Tyrli, A., Theodoratou, M., Gkintoni, E. (2023).** Conflictual divorces—Focus on alienated parent syndrome. *13th Panhellenic Conference on Child and Adolescent Psychiatry.*
19. **Marini, A., Farmakopoulou, I., Theodoratou, M., Gintoni, E., Chalkiopoulos, K. (2023).** Adverse childhood experiences and anxiety symptoms in adolescents during COVID-19, *EPA2023ABS-3715.*
20. **Theodoratou, M., Kanellopoulou, P., Nikitidis, N., Farmakopoulou, I. (2023).** Coping strategies of health care workers during third wave of Covid. *EPA2023ABS-2292.*
21. **Theodoratou, M., Miari, A., Nikitidis, N., Farmakopoulou, I. (2023).** Psychological consequences of Covid on health care workers and their coping strategies. *EPA2023ABS-2160.*
22. **Farmakopoulou, I., Theodoratou, M., Efstratiou, H., Lipsinioti, E., Dokos, A. (2022).** Raking up the debris of the Covid-19 pandemic: the impact on children with Pervasive Developmental Disorders. *11th Panhellenic Conference on Developmental and Behavioral Pediatrics.*
23. **Farmakopoulou, I., Theodoratou, M., Theodoropoulou, N., Bari, N., K. Stavropoulou. (2022).** A step forward or one of the same? Implementation of the new adoption legislation and the feelings of prospective adoptive parents. *11th Panhellenic Conference on Developmental and Behavioral Pediatrics.*
24. **Farmakopoulou, I., Theodoratou, M., Iliopoulou, E., Margariti, G., Bahtis, G. (2022).** Where do we go as far as the Detection and Management of Munchausen Syndrome by Proxy? *11th Panhellenic Conference on Developmental and Behavioral Pediatrics.*
25. **Theodoratou, M., Fasoulas, A., Farmakopoulou, I., Flora, K., Tsitsas, G., & Kougioumtzis, G. (2022).** Coping strategies towards mobbing used by medical and nursing staff in the hospitals of the prefecture of Etoloakarnania, Greece. *European Psychiatry*, 65(S1), S882-S883. doi:10.1192/j.eurpsy.2022.2291.
26. **Farmakopoulou, I., & Theodoratou, M. (2022).** The connection between diabetes and depression. Is coaching the best therapeutic path? *European Psychiatry*, 65(S1), S746-S747. doi: 10.1192/j.eurpsy.2022.1928.
27. **Farmakopoulou, I., Stavropoulou, K., Bari, N., Theodoropoulou, N., & Theodoratou, M. (2022).** The Application of the New Law of Adoption and the Psychological Preparation of Prospective Stepparents. *European Psychiatry*, 65(S1), S881-S882. doi:10.1192/j.eurpsy.2022.2288.
28. **Farmakopoulou, I., Efstratiou, C., Dokos, A., Lepsinioti, E., & Theodoratou, M. (2022).** Implications of Covid-19 Pandemic on School-age children with autism spectrum disorders. *European Psychiatry*, 65(S1), S296-S297. doi:10.1192/j.eurpsy.2022.756.
29. **Theodoratou, M., Papathanasiou, C., Farmakopoulou, I., (2021).** Screen addiction and comorbidity of mental disorders. Effective treatment, and importance of educational and social policy programs. *11th Conference of the International Society for Affective Disorders*, Abstract No:203, Publication Number: VO-010.
30. **Farmakopoulou, I., Theodoratou, M. (2021).** Family Implications of Bipolar mother's Non-Adherence to Medication and the role of Psychoeducation and holistic therapy. *11th Conference of the International Society for Affective Disorders*, Abstract No:172, Publication Number: VO-033.

31. **Farmakopoulou, I.,** Theodoratou, M. (2021). How can Diabetes relate to Depression and Psychotherapeutic Coaching? *11th Conference of the International Society For Affective Disorders*, Abstract No:176, Publication Number: VO-190.

Scale-Adaptation Translations in Greek

http://www.hcp.med.harvard.edu/ncs/k6_scale_s.php

K10 & K6 Scales, Scales Translation in Greek, National Comorbidity Survey,
In collaboration with: Theodoratou M, Sereti, X, Theodoropoulou N, Stavropoulou K, Bari, N, Kokkali, E.

Participation in Training Seminars for Preparation of Foster Parents

Child Protection Centre
"MITERA", Dec. 2021

Presentation and Interactive Dialogue with Prospective Stepparents on the following issues:
"Profiles of Biological Parents, Needs of Children who live in Child Protection Settings and Managing Potential Difficult Behaviors of the children".

Reviewer in International Scientific Journals

Journal of Behavioral Neurology,
Oct. 2021

‘Psychiatric emergency in children and adolescents: a retrospective study in Parma Local Health Unit’,
M. Deolmi et al.

Presentations in Greek and International Conferences with Referees

**30th European Congress of Psychiatry
April 2022, Budapest**

**‘The connection between diabetes and depression:
Is coaching the best therapeutic path?’
In cooperation with Theodoratou M.**

**‘The application of the new Law of adoption and the
psychological preparation of prospective
stepparents.’**

**In cooperation with Theodoratou M. Bari N.,
Theodoropoulou N and Stavropoulou K.**

**‘The implications of the Covid-19 Pandemic on
school-age children with autism spectrum
disorders’**

**In cooperation with Theodoratou M., Dokos A.,
Kaligaridou E and Lepsinioti E.**

**Day Conference of the Autonomous
Department of Social Protection, Education,
Sports and Culture of the Municipality
Sparta, Dec. 2021 on the topic
‘Domestic Violence: Behind the
Behind Closed Doors’.**

**‘Necessity of a shift in perception of "what's at
home don't tell them to the municipality" to
"what's at home inform the municipality".**

**12th Panhellenic Child Psychiatric
Conference with the theme: Mental Trauma:
Its Importance in the Mental Organization of
the child and adolescent. Theory, clinical
practice, social reality.
Nov. 2021**

**‘Chronic bullying and screen addiction. Attempting
to resolve trauma through virtual escape.’**

**In collaboration with Theodoratou M, Tsitsas, Flora
K, C and Kouyoumtzis C.**

**‘The tempest of domestic violence in times of
economic crisis and pandemic: A study Case Study’,
In collaboration with Theodoratou M.**

**‘A Longitudinal Case Study of Adolescents with
Hearing Loss’,**

**In collaboration with Theodoratou M and Beretanou,
E.**

**10th Panhellenic Conference of Developmental
& Behavioral Pediatrics, Nov. 2021**

**‘The psychological impact of the Covid-19 pandemic
on primary school students.**

In collaboration with Theodoratou M.

**11th Conference of the International Society
For Affective Disorders, Nov. 2021**

**Digital Therapy and Innovative Rehabilitation
(mobile technology, psychoeducation, self-help,
information and community technologies):
Psychoeducation on self-management and physical
exercise: Innovative Coping Strategies for Bipolar
Disorders’**

**In cooperation with Theodoratou M., Tsitsas, G, Flora
K, Kougioumtzis G, Reppa G.**

Abstract No164, Publication Number: VO-021

‘Screen addiction and mental comorbidity disorders, effective treatment, and importance of Educational and social policy programs’

In cooperation with Theodoratou M.

Abstract No:203, Publication Number: VO-010

‘Patient Representation/Self-Management: Family Implications of Bipolar mother’s Non-Adherence to Medication and the role of Psychoeducation and holistic therapy.’

In cooperation with Theodoratou M.

Abstract No:172, Publication Number: VO-033

‘How can Diabetes relate to Depression and Psychotherapeutic Coaching?’

In cooperation with Theodoratou M.

Publication Number: VO-190

21st WPA World Congress of Psychiatry, Oct. 2021, E-Poster Presentation.

‘Coping strategies towards stress used by Greek Nursing Staff in Covid Era’

In cooperation with Theodoratou M.

& Fakitsa M.

4th Panhellenic Inter-scientific Conference on Attention Deficit Hyperactivity Disorder: From the Child to Adult, Oct. 2021

‘Counselling students with ADHD in the era of Covid-19’

In collaboration with Theodoratou M.

‘Comorbidity of ADHD, Asperger’s and Addiction Internet addiction’

In collaboration with Theodoratou M.

7th Conference on Crisis Management in the Sector Health Sector, Sep. 2021

‘Management of Unaccompanied

Minors with PTSD in a General Children’s Hospital’

9th Panhellenic Conference of Developmental & Behavioral Pediatrics, Oct. 2020, Athens, Greece

‘Detection and treatment of domestic violence-Social Policy Recommendations’

Two-day Interdisciplinary Symposium of the Clinical Observatory for the Diagnostic Assessment and Treatment of Drug Addiction and Internet Addiction and the Department of Education and Social Work of the University of Patras, Nov. 2020

‘Minors vs. Parents: Where the truth lies: A case study’

Hellenic Society for Mental Health and Neuropsychiatry of Children & Child Psychiatry Clinic of the Medical School of the University of Athens, Children’s Hospital “Aghia Sophia”

‘Working with refugee families as a Hospital Social Worker’

'Psychological Trauma in Children and Adolescents'

3rd Panhellenic Inter-scientific Conference on Attention Deficit Hyperactivity Disorder: From the Child to Adult, 2019, Athens

'Comorbidity ADHD with Diabetes I: Taming the waves'

8th Panhellenic Conference on Developmental & Behavioral Pediatrics, 2019, Athens

'Alternative Forms of Social Child Care Protection: Foster Parenting and Adoption of two siblings: From Hell to Heaven'

Hellenic Society of Mental Health and Child Neuropsychiatry & Child Psychiatry Clinic of the Medical School EKPA, Children's Hospital "Aghia Sophia"

'Working with refugee families as a Hospital Social Worker'

**Ministry of Civil Protection,
Assistant to the Deputy Minister of Protection
'Effective Management of Traffic Incidents',
April 2019**

'Inter-agency and Inter-disciplinary Collaboration: From Theory and Practice'

**Hellenic Society of Mental Health and Child Neuropsychiatry & Child Psychiatry Clinic of the Medical School EKPA, Children's Hospital "Aghia Sophia"
'Aggression and violence, inside and outside and outside the family in the Greek reality'
2019, Athens, Greece**

'The fingerprints of refugees in adolescents'

Scientific Conference 'Human Relations and Social Work in a Changing Environment, 2019, SKLE, Athens, Greece

'The image of refugee minors in Greece today'

Network for Dependent Women, Mothers, and their Children, 'Defending Rights of addictive women and their children', 2017, Athens, Greece

'Cooperation of the Child Psychiatry Clinic with Pediatric Clinics on issues of child of addictive parents'

Hellenic Society for Mental Health and Neuropsychiatry of the Child & A' Pediatric Clinic of Aghia Sophia Children's Hospital, 'Psychological trauma in children and adolescents', 2017, Athens

'Refugee and trauma: Examples of children from Syria and Afghanistan

1st Panhellenic Interdisciplinary Conference on ADHD 'From child to adult', 2015, Athens, Greece

'Appearance of risky sexual behaviors in adolescents with ADHD'

**Institute of Child Health
'Protocol for Investigation, Diagnosis,**

'Contemporary approaches to inter-disciplinary and inter-agency collaboration in child abuse'

Management of Child Abuse and Neglect & National System, National Reporting System for Child Abuse and Neglect, 2015, Athens, Greece

Hellenic Society for the Study of ADHD, Hellenic Society of Mental Health and Child Neuropsychiatry & Hellenic Society for Psychosocial Support of Children and Adolescents with Behavioral Problems 'ADHD & Behavioral Problems in the School Environment' 2014, Athens, Greece

Hellenic Society for Mental Health and Neuropsychiatry of the Child & A' Pediatric Clinic of the University of Athens Children's Hospital "Aghia Sophia", 'What happens to our children? Developmental, emotional, and behavioral problems', 2013, Athens, Greece

8th Panhellenic Child Psychiatric Conference with the theme: "Mental distress and resilience in conditions of crisis" 2013, Athens, Athens, Greece

2nd Panhellenic Conference Developmental-Behavioral Pediatrics & Adolescent Health-Medicine, 2013, Athens, Greece

Day Conference of the Hellenic Society of Mental Health and Neuropsychiatry, 2012, Athens, Greece

1st Panhellenic Congress of Psychiatric Forensics, 2012, Athens, Greece

7th Panhellenic Child Psychiatric Conference with the theme: "Depression in children and adolescents: Nature, Nurture, Society" 2011, Athens, Greece

'Basic Principles of Liaison Counselling for Teachers and Parents'

'Physiological Development of the Child-Adolescent',
In collaboration with S. Korlou

'The impact of migration and the economic crisis on the operation of the Liaison-Consulting Liaison of the General Pediatric Hospital'
In collaboration with Karageorgopoulou K

'First diagnosis of autism spectrum disorders at school age'
In collaboration with Mantzaris M and others

'Contemporary trends in structures, research and child protection services'

'Need for a multidisciplinary approach in the diagnosis and management of children with pervasive developmental disorder'

'Theoretical transformations and implications of contemporary forms of child and adolescent abuse and neglect'

'Migration and suicide attempts during childhood and adolescence'.
In collaboration with Korlou S, Kaltsa A, Rapti K, Marini E, Hatzara B, Liakopoulou M.

'Roads that lead to depression: Child abandonment, neglect, and abuse through prosecutorial referral to interdisciplinary child psychiatry'
In collaboration with Bourous C

Child Health Institute, Panhellenic Conference on the research and treatment of abuse and neglect 2011, Athens, Greece	'Review of a research study of children accommodated in a Children's Hospital after a prosecutor's order'
5th Panhellenic Conference for the Addressing of Sexual Abuse Hellenic Society for the Study and Prevention of Sexual Abuse, 2011, Athens, Greece	'Where is Social Care going? Children's journey from removal from their families to rehabilitation - Reflections and social policy proposals'
5th Panhellenic Symposium "Child psychiatry in the General hospital: Liaison Child Psychiatry" 2011, Athens, Greece	'Family psychotherapy in pediatrics hospital: the experience of the special family therapy clinic at "Aghia Sophia" Children's Hospital'. In collaboration with Kaltsa A. and others
	The role of Liaison Child Psychiatry and the role of the prosecutor in the protection of minors. Issues - challenges' In collaboration with Tsiafaki B and others
5th Panhellenic Symposium Interdisciplinary Child Psychiatry Ioannina, 2010	'Family Psychotherapy in Pediatrics' Hospital: The experience of the Specialist Family Therapy Clinic at the Children's Hospital "Aghia Sophia"'. In collaboration with Kaltsa A and others
'Training on Psychiatric Forensics Issues and Psychological Expertise' 2009, Athens	'Ethical Issues in Psychiatric Forensics' Psychiatric Hospital of Attica Presentation based on my 3-month training in this seminar and case study'
National Foundation for the Deaf 'Yesterday - Today and Tomorrow' 2001, Patras	'Developments in the education of deaf pupils and students - Messages for the future'. Presentation based on research studies.
British Educational Research Association Conference 2001, Leeds	'Moving towards standardisation of the inter- agency arrangements in the special educational needs assessments: Is this a feasible and/or desirable goal?'
European Conference in Educational Research 2001, Lille	'Motivations for learning: Documenting disabled students experiences of inclusive education'
British Educational Research Asssociation Conference 2000, Cardiff	'Inter-agency collaboration in assessing children with special educational needs'
European Conference in Educational Research, 2000, Edinburgh	'Time to stop playing the ostrich game: Rhetoric and reality in the special educational needs assessments'

Disability Seminar, 2000, Edinburgh	'Motivations for learning: Documenting disabled students experiences'
British Educational Research Association Conference 1999, Brighton	'Using an integrated theoretical framework for understanding inter-agency collaboration in assessing children's special educational needs'

Participation in Greek and International Conferences and Workshops

Policing: treatment of people under Detention and Consequences, 2019, Ministry of Citizen's Protection, Athens	'Prevention and Suppression of Torture'
Child Psychiatric Society of Greece, 'Interdisciplinary discussion on Homosexuality and Gender Identity' 2018, Athens	'Homosexuality and gender identity'
2nd Panhellenic Interdisciplinary Conference on ADHD, Hellenic ADHD Society 2017, Athens	'From child to adult'
9th Conference of the European Family Therapy EFTA, 2016, Athens	'Contemporary Approaches to Family Therapy'
ADHD, Learning and Behaviour: Recognition and Interventions in School, Hellenic Society for School Interventions, ADHD, 2016, Heraklion, Crete	'School Interventions'
28th Panhellenic Conference on AIDS and Hepatitis, Hellenic Society for Study and Treatment AIDS, 2016, Athens	'Modern methods and practices'
1st Panhellenic Interdisciplinary Conference on ADHD, Hellenic ADHD Society 2015, Athens	'From child to adult'
5th Panhellenic Autism Conference, 2015, Athens	'Working together'
Directorate of Mental Health and Social Institute of Child Health, 2015, Athens	'Against the Current: Strengthening Welfare, Social Solidarity and Childhood protection in the era of crises.'
General Hospital "Thriasio", Department of Social Work in collaboration with the Department of Research and Continuing Education, 2014, Athens	'Hospital Social Work in times of economic crisis'

Panhellenic Association of People with ADHD, 2013, Athens	'The multiple faces of ADHD'
Hellenic Study Society Attention-Deficit Hyperactivity Disorder, 2013, Athens	'Risky behaviours in adolescents and young people with ADHD'
Greek Society of Systemic Thinking and Psychotherapy, 2013, Athens	'Psychiatric diagnosis and systemic psychotherapy'
Hellenic Society of Mental Health Health and Neuropsychiatry of the Child, 2013, Athens	'Autism spectrum disorders: Contemporary Approaches-Documented Practice'
Hellenic Society of Mental Health Health and Neuropsychiatry of the Child, 2012, Athens, Greece	'Child and stress'
B.E.C.A.N. International Conference, Health Institute Children's Institute, 2012, Athens	Enquiring Child Abuse and Neglect in the world during crisis: Evidence-based Practice and Practice based Evidence'
7th Panhellenic Child Psychiatric Congress, Child Psychiatry Society of Greece, 2011, Athens	'Depression in children and adolescents: Nature, Nurture and Society'
Greek Society for Systemic Thinking and Family Psychotherapy EESSKEPSO, 2010, Athens	'Conflicted relationships: Healing and Social Responsibility'

Member of the Organizing and Scientific Committee of Scientific Conferences and Seminars

Scientific Symposium, Dec. 2021, Athens, Co-organisers: University of Patras, Frederick University, SKLE, Noesi, Help Lesvos	'Innovative Actions and Creativity in Social Work'
9th Panhellenic Conference of Developmental & Behavioral Pediatrics, 2020, Athens	'Developmental & Behavioural Paediatrics'
8th Panhellenic Conference of Developmental & Behavioral Pediatrics, 2020, Athens	'Developmental & Behavioural Paediatrics'
3rd Panhellenic Interdisciplinary Conference for ADHD, 2019, Athens	'ADHD: From child to adult'

Hellenic Society of Mental Health and Child Neuropsychiatry & First Paediatric Clinic University of Athens Hospital Children's Hospital "Aghia Sophia", 2017, Athens	'Psychological Trauma in children and adolescents'
2nd Panhellenic Interdisciplinary Conference for ADHD, 2017, Athens	'From child to adult'
Hellenic Society of Mental Health and Child Neuropsychiatry & First Paediatric Clinic University of Athens Hospital Children's Hospital "Aghia Sophia", 2016, Athens	'Play as a diagnostic and therapeutic tool'
1st Panhellenic Interdisciplinary Conference on ADHD, 2015, Athens	'From child to adult'
Hellenic Society for the Study of ADHD, Hellenic Society for Child Mental Health and Neuropsychiatry & Hellenic Society for Psychosocial Support of Children and Adolescents with Behavioural Problems 2014, Athens	'ADHD & Behavioural Problems in the School Environment'
Hellenic Society of Mental Health Health and Neuropsychiatry of the Child, 2012, Athens	'Child and Stress'
Member of the Scientific Committee of the Postgraduate Programme	National and Kapodistrian University School of Medicine, University of Athens, 2 years Postgraduate degree Program in Child Mental Health 2017-Present, Athens

Member of Scientific Societies

2012 - Present Hellenic Society of Mental Health & Child Neuropsychiatry	Special Secretary & General Secretary (since 2018 Vice President of the Society)
2011 - Present Hellenic Society for the Study of ADHD	Member of the Scientific Committee (since 2018 member of the Board of Directors of the Society)
2012 - 2015 Hellenic Psychiatric Forensic Society	

Co-author of the NSRF Programs of the Child Psychiatry University Clinic of the Medical School of the EKPA, Athens

2011

Approved NSRF Proposal Mental Health Directorate, Ministry of Health & Social Solidarity

'Training of Child Protection Personnel on Mental Health Promotion and Protection of Children and Adolescents from all forms of violence and abuse' Child Psychiatry University Clinic of the Children's Hospital "Aghia Sophia"

G. Kolaitis, Assistant Professor of the Faculty of Medicine, Director of the University Clinic of Child Psychiatry of the Children's Hospital "Aghia Sophia" in collaboration with the Institute of Child Health.

'Training General Health and Mental Health Promotion Professionals in the early and accurate detection, referral, diagnostic evaluation and management of attention deficit hyperactivity disorder (ADHD) cases of Infants, Children and Adolescents. G. Kolaitis, Assistant Professor of the Faculty of Medicine, Director of the University Clinic of Child Psychiatry of the Children's Hospital "Aghia Sophia"

Co-author of the Protocol of Detection, Assessment and Treatment of Child Abuse & Neglect Cases, Child Psychiatry Clinic of EKPA, Athens

2016

NSRF 2007-2013, Institute of Health Children's Institute, Athens

'Protocol for the Investigation, Diagnosis, Management of Child Abuse and Neglect & National Child Abuse and Neglect Reporting System', 102 pages

'Guide to the implementation of the protocol for professionals to investigate, diagnose and manage child abuse and neglect', 127 pages

Teaching at Postgraduate Programs

National and Kapodistrian University School of Medicine, EKPA, 2-year Postgraduate Program entitled “Mental Health of Children & Adolescents”, 2017-Present, Athens

'Clinical Evaluation and Diagnosis: Social Research'

'Role of Social Service in the General Pediatric Hospital'

'Social Assessment of a Social Worker: Taking a psychosocial history and interview'

'Child and adolescent abuse: Contemporary forms and ways of approach'

'Institutional care: Advantages and disadvantages'

'Alternative forms of Child Protection: Fostering'.

'Alternative forms of Child Protection: Adoption'

University of Patras, Department of Education and Social Work, 1 ½ year Postgraduate Program entitled "Mental Health of Children and Adolescents, Addictions and New Technologies", 2021- Present

'Family Treatment of Addicted Individuals'

Greek Hellenic Company for the Study of ADHD, entitled "Assessment and Treatment of Infants, Children and Adolescents with Attention Deficit Hyperactivity Disorder"

'Interdisciplinary Teacher-Parent Collaborative Consultation in the Detection, Diagnosis, and Management of ADHD and its Associated Problems'

National and Kapodistrian University Medical School & University Child Psychiatry Clinic, Postgraduate Program, 'Child-adolescent mental health, needs of Family Needs. Mental Health Promotion Families with adolescent children, 2017-2015, Athens

'Neglect-Maltreatment of children and adolescents'

**Post-educational Program of Pediatric Nursing of the Children's Hospital "Aghia Sophia",
2018-2011**

'Management and counselling of divorced or separated parents with children and adolescents'

'Work of the Social Service of the Children's Hospital Cooperation with outpatient institutions and foundations'

'Management of Prosecution Cases at the Children's Hospital'

'Counselling parents in crisis situations'

'The Social Service in the Children's Hospital - Cooperation with Outpatient Institutions and Institutions'

'Parental counselling in conflict divorce'

'Counselling parents of children with chronic diseases'

'Psychological Preparation of Children for Medical and Nursing Operations'.

Department of Counselling and Guidance, 'Counselling and Career Guidance' ASPAITE, entitled 'Counselling and Guidance', 1-year post-graduate program, 2002-2004

Instructor of a Training Seminar for Unemployed People

15/11/2004-24/11/2004

(Total 52 hours)

Subject of the training seminar:

'Care of the elderly'

Organizer:

K.E.K. of Dodecanese Prefecture

'Gennimatas', Karpathos, Greece

Training in Scientific Seminars

"Aghia Sophia" Children's Psychiatric University Clinic of the Medical School of the National & Kapodistrian University of Athens and the Hellenic Society for the Study of ADHD, 2016, 20 hours, Athens

'Basic Principles for the Application of Coaching Techniques in ADHD'

National and Kapodistrian University Medical School & University Child Psychiatry Clinic Postgraduate Program, 2015, 60 hours, Athens	'Assessment and treatment of infants, children and adolescents with attention deficit hyperactivity disorder (ADHD)'
National and Kapodistrian University Medical School & University Child Psychiatry Clinic Postgraduate Program, 2015, 56 hours, Athens, Greece	'Child-adolescent mental health, family needs. Promoting the mental health of families with adolescent children'
General Children's Hospital "Aghia Sophia" Child Psychiatry University Clinic of the Medical School of the National & Kapodistrian University of Athens, Sept. - November 2014	Training Seminar "Mental Health Promotion Program for children and adolescents with chronic physical illness" The Seminar is funded by the Niarchos Foundation
General Children's Hospital "Aghia Sophia" Child Psychiatry University Clinic of the Medical School of the National & Kapodistrian University of Athens, IouV. – Iouλ. 2013	Training Seminar "Positive Parents Happy Children", Program for the Promotion of Mental Health of Children, Adolescents and Youth funded by the Niarchos Foundation
General Children's Hospital "Aghia Sophia" Child Psychiatry University Clinic of the Medical School of the National & Kapodistrian University of Athens, Mar.-Apr. 2012	'Specific Developmental Disorders Speech & Movement Disorders'
General Children's Hospital "Aghia Sophia" Child Psychiatry University Clinic of the Medical School of the National & Kapodistrian University of Athens, Nov - Dec 2011	Training Program in 'Effective Child and Family Program' methods in the framework of the project 'Health Promotion for Parents of Children with Mental Disorder'
General Children's Hospital "Aghia Sophia" Child Psychiatry University Clinic of the Medical School of the National & Kapodistrian University of Athens and the Hellenic Society for the Study of ADHD Feb. 2010 - Jun. 2010 (Duration 4 months, 30 hours, Theory and Practice	'Diagnosis-Treatment-Dealing of children and adolescents with ADHD'
Family Therapy Unit of the Psychiatric Department of the Psychiatric University of Cyprus. (Psychiatric Hospital of Attica) Oct. 2009 - Jun. 2010 Duration 1 year, 96 hours)	'Supervision in Family Therapy Systemic Approach' The training program included supervision in cases we have undertaken as child/adolescent and adult mental health specialists.
Athens Psychiatric Hospital (Ψ.Ν.Α.) Sept. 2009 - Nov. 2009 (Duration 120 hours, 60 hours Theory and 60 hours Practical)	'Issues in Psychiatric Forensic & Psychiatric Forensic Expertise' The training program included: presentations on updating relevant provisions of the civil and criminal code, classification of mental disorders DSM IV, divorce proceedings, assessment of sexual

abuse, risk of mental illness, custody measures, preparation of psychiatric forensic expert reports for children, adolescents, and adults.

Generic Children's Hospital "Aghia Sophia", Psychiatry University Clinic of the Medical School of the National & Kapodistrian University of Athens, Oct. 2009 - Jun. 2010
(Duration 9 months, 20 hours)

'The infant and toddler psyche as seen in psychoanalytic psychotherapy sessions' The training program includes theoretical, clinical and experiential training on topics related to infant and toddler psychoanalytic psychotherapy, early trauma and autistic-like symptomatology, children with eating disorders, early symbiotic relationship, early depression.

Generic Children's Hospital "Aghia Sophia", Psychiatry University Clinic of the Medical School of the National & Kapodistrian University of Athens, Nov. 2009 - Mar. 2010
(Duration of 4 months, 10 hours)

'Loss and bereavement in the infant and toddler' The educational program focuses on the extensive presentation and discussion of cases of children in bereavement.

Generic Children's Hospital "Aghia Sophia", Psychiatry University Clinic of the Medical School of the National & Kapodistrian University of Athens, Dec. 2008 - Jun. 2009
(Duration 7 months, 20 hours)

'Clinical facts in the examination room' The training program includes theoretical, clinical, and experiential training on issues related to childhood depression, withdrawal, autism, conduct disorders, phobic disorders, hyperactivity.

Foundation for Psychosocial Education and Support 'DIACONIA' of the Archdiocese of Athens, Prevention Center
Jan. 2005 - Mar. 2005, (Duration 20 hours)

'Family - Prevention and promotion of mental health' The training program included theoretical and experiential training.

Family Therapy Unit of the Psychiatric Hospital of Attica (Psychiatric Hospital of Attica)
Oct. 2003 - Jun. 2006, (Duration 3 years, 300 hours)

'Systemic approach in family therapy' The training program included theoretical, clinical, and experiential training on a variety of psychopathological disorders such as psychogenic anorexia, behavioral disorders, obsessive-compulsive disorder, and substance abuse.

Psychotherapist at the Family Psychotherapy Unit - Special Family Therapy Clinic

2008-Jan. 2020
Director: Kaltsa, A,
Psychotherapists:
Farmakopoulou, I
A.M. Tsilia, V. Salavou, E. Riga,
Supervisor: Tomaras, V.

Family Systemic Psychotherapy is indicated for the treatment of many Child Psychiatric Disorders (psychogenic anorexia, obsessive-compulsive disorder, stuttering/tics, abuse/neglect, children with chronic illness, delinquent adolescents, children with enuresis/anger, children with behavioral problems/anti-psychotic disorder)
The Family Psychotherapy Unit has been operating since 2008 at the University Child Psychiatric Clinic of the Aghia Sophia Children's Hospital.
The therapeutic team consists of mental health specialists trained (4-year training) in family-

systemic psychotherapy. Sessions are monitored by the therapy team through a one-way mirror and there is supervision by an experienced therapist.

Entry in Public Registers of Assessors and Trainers

12/12/05	Register of Assessors of the Ministry of Health and Social Affairs. Solidarity for the evaluation of Continuing Training Actions for employees and unemployed people of the Health and Public Health Sectors. Register of Continuing Training Instructors
13/05/04 271st Assembly of E.KE.PIS.	Continuing Vocational Training of the E.KE.PIS. National Centre for the Certification of Continuing Vocational Training Structures and Accompanying Support Services Category of Trainer: Theoretical Part and Practical Part

Participation in Personal Developmental Activities

E-learning EKPA, May 2015 - Sept. 2015 (3 months) Jan. 2004 - May 2005 (16 months) July. 2011 (Duration 12 months)	Practical Exercises in Creative Writing' (Novel, Short Story, Novel, Film Script, TV Script, Theatre Script) Individual Psychoanalytic Psychotherapy Therapist: Anastasia Gaitani, Clinical Psychologist Individual Systemic Psychotherapy, Therapist Approach: Individual - Systemic Psychotherapy Therapist: Theofanis Kleopas, Psychiatrist
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Awards and Scholarships

1995-1999	Social Scholarship Foundation (IKY), Social Work
1990-1994	Association of Multi-children Families, Financial support for best grade students
1989-1990	Awarded with a Distinction & Honorary Degree by the Sibitanidio School

Languages

English	Professional proficiency in the language due to postgraduate studies in the UK (Intermediate)
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