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Manolis Mentis, BSc Social Worker, MSc (Primary Care Health), PhD (Psych)
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Manolis Mentis was born in Kythira in 1970. He studied Social Work (1989-1993) in the respective Department of the School of Health & Welfare Professions of the TEI of Patras. He completed his postgraduate studies at the Department of Medicine of the University of Thessaly, specializing in "Primary Health Care" (2006-2008). In the same Department he prepared his doctoral dissertation as a scholarship holder (2015). He worked as a social worker at the Psychiatric Hospital of Attica and at the Department of Family Counseling & Treatment (1996-2001) and then at the Social Service of the University General Hospital of Patras (2001-2019). His research interests are focused on issues of Health & Social Care for the Elderly, Social Support and self-organization of Recipients of Mental Health Services and their families, as well as issues of psychosocial support for socially vulnerable groups. Information about his research work can be found at the link: <https://scholar.google.com/citations?user=u5qGUe4AAAAJ>. Furthermore, it is designed as a scientifically responsible dozens of programs for Continuing Vocational Training funded by the European Union and the ESPA project MIS 371373 code and title: "SUPPORT ACTIONS FOR THE IMPLEMENTATION OF FOSTER FAMILIES' PROGRAMS IN THE 6th HEALTH REGION FOR CONSOLIDATION OF PSYCHIATRIC REFORM". In addition to publications in peer-reviewed journals, his writings include monographs, book editing, excerpts from collective volumes, and editing for health professionals. He is also an active member of various Associations and initiative groups and a reviewer in a scientific journal of the wider field of Health. In addition to teaching at the University of Patras, he also teaches at the Postgraduate level at the Hellenic Open University, as well as at two (2) Postgraduate Programs of the Department of Medicine of the University of Thessaly.

RESEARCH ACTIVITY

- 2020: Scientific head of the program "EngAGE: A holistic project for the elderly on active ageing, volunteering and participation as vital part of the community" (<https://www.activecitizensfund.gr/neo/active-citizens-fund-anakoinosi-prosthetic-epichorisis-e-1-45-ek-stin-koinonia-ton-politon/>). The project is funded by the EEA countries (Norway-Iceland - Liechtenstein) under the Active Citizens Fund program. The program will be implemented by the ELIX NGO consortium (coordinating body) - UNIVERSITY OF PATRAS - PROOPSIS - OTE ACADEMY, will last 20 months (until 31-12-2023) and the budget amounts to € 200,000.
- 14/06 / 2020-14 / 8/2024: Participation in the project team of the consortium MASTER TRAINING & CONSULTING CENTER SOCIETE ANONYME D.T. MASTER A.E. and the METROPOLITAN NETWORK OF IKE DEVELOPMENT contractor of the project of the Municipality of Peristeri based on the contract entitled "Integrated Services and Actions for the Prevention and Treatment of Discrimination, Improvement of the Quality of Life, Social Inclusion, Social Integration of BAA / OHE of Western Athens (Sections A and B)". The above program is funded by national and European resources under the NSRF 2014-2020 and has a total budget of € 3,500,000.
- 16-05-2019 Approval of the research proposal entitled: "Holistic interdisciplinary approach to dealing with patients with fragility fractures" in the framework of the operation "Supporting researchers with emphasis on young researchers - Cycle B" of the Operational Training Program, "Human Development" Lifelong Learning 2014-2020" in which I participate as the main researcher (PhD).

- 1-6- 2017 to 30/11/2019. Participation in the project team at the University of Patras (University Clinic of Rehabilitation Medicine Spinal Cord General University Hospital of Patras) under the contract of 1st June 2017 to the Special Account of the University of Patras Research (Ref. Contract: 8189 - appointing authority: 6AFP469V7TH-ERX) in Program framework: H2020- HP - ADHOC -2014-2020- JA -2015 (724099): ADVANTAGE Managing Frailty . Comprehensive approach to A promote a disability-free advanced age in Europe: the ADVANTAGE initiative with F . K .: 57750000, which is funded by : EUROPEAN COMMISSION.
- August - November 2008 : Scientific collaborator of the company Bee Group on the design and implementation of two surveys:
 - A. with empirical research to investigate health problems in Corfu and research
 - B. research on the investigation of hepatitis A, B and C in a random sample of 200 residents Corfu in the framework of the European program INTERREG III, project: "Creation of a Center for Prevention and Immediate Epidemiological Intervention for the dealing with health issues of the population in the Prefecture of Corfu "
- April 2000 - September 2000: Participation in the scientific team of the EPEAEK Program. of the Department of Social Work of TEI Patras (Internship student-female students, Action 3.4.V) as a freelancer and on the evaluation of student placement / twisted Social Work during the semester 1/4/2000 to 30/9/2000.
- March 1998 - December 1998: Participation as a researcher in the design and evaluation of the TEI research program. Patras "Pedagogical intervention in the school and extracurricular area of the Taraboura area ".
- May 1996 - December 1997: Participation as a researcher in the design and writing of the research report in collaboration with the scientific director Dr. Andreas Zografou in the research program of TEI Patras: "Extracurricular socialization and school learning". This research was submitted to the TEI. Patras (pp.224) and is given as teaching material to Social Work students.
- February 1992-June 1993: Participation as a collaborator in the research of TEI. Patras (with the approval of the Ministry of Education) on the subject: "Young people during the transition from school to vocational or higher education: job satisfaction, political orientation". This research was also published as a book in October 1993.

PUBLICATIONS AND RESEARCH ANNOUNCEMENTS (in peer-reviewed journals and indexing on an international basis)

1. Mantzoukas, S. Kotrotsiou, S., **Mentis, M.**, Paschou, A., Diamantopoulos, E., Kotrotsiou, E., Gouva, G. (2021): Exploring the Impact of Shame on Health-Related Quality of Life in Older Individuals, Journal of Nursing Scholarship, 53(4):439-448. doi: [10.1111/jnu.12663](https://doi.org/10.1111/jnu.12663).
2. Marlafeke, I., **Mentis, M.**, Kolokythas, G., Stolakis, K., Giannakou, E., Elias Panagiotopoulos, E. (2021): Visual problems in older people and their association with fractures, falls and fear of falls, 2nd Panhellenic Conference of Fragility Fracture Network Greece (FFN GR) "Necessity of Interdisciplinarity and Networking" 13-15 November 2020, Virtual. J Musculoskelet Neuronal Interact. 2021 Mar 1;21(1):162-192. PMID: 33657768;
3. Konstantinos Stolakis, K., Tosounidis, T., **Mentis, M.**, Athanasopoulou, K., Kolokithas, G., Dimakou, G., Giannakou, E., Panagiotopoulos, E. (2021): Designing a holistic interdisciplinary community model of care to improve compliance of patients with fragility fractures through educational and strengthening processes, Journal of Musculoskeletal and Neuronal Interactions, 21(1):184-185, 2nd Panhellenic Conference of Fragility Fracture Network

Greece (FFN GR) "Necessity of Interdisciplinarity and Networking" 13-15 November 2020, Virtual. J Musculoskelet Neuronal Interact. 2021 Mar 1;21(1):162-192. PMID: 33657768;

4. **Mentis, M.**, Lamprinakou, I., Marneras, C., Garantoudi, A., & Dritsas, I. (2021). The effect of views on the COVID-19 pandemic on the development of depressive symptoms in a sample of the elderly. *European Psychiatry*, 64(S1), S669-S669. doi:10.1192/j.eurpsy.2021.1776
5. Gabrovec, B., Antoniadou, E., Soleymani, D., Kadalska, E., Carriazo, A.M., López Samaniego, L., Csizmadia, P., Hendry, A., Bacaicoa, O., Jelenc, M., Selak, S., Patsios, D., Stolakis, K., **Mentis, M.**, Papathanassopoulos, F., Panagiotopoulos, E., Mañas, R. L. (2020): Need for comprehensive management of Frailty at a individual level: European perspective from the Advantage Joint Action on Frailty, *Journal of Rehabilitation Medicine*, 52: jr m0000X: 1-6, <http://doi: 10.2340/16501977-2687>
6. Gkentzi, D., Sinopidis, X., Gourdoupi, D., **Mentis, M.**, Karatza, A., Dimitriou, G. (2019): Acute poisoning: an old-time classic issue in pediatrics, *World Journal of Pediatrics*, 15(6):622-623. <https://doi.org/10.1007/s12519-019-00295-7>
7. Gkentzi, D., Katsoula, V., Fouzas, S., **Mentis, M.**, Karatza, A., Dimitriou, G (2019): Economic Recession and Attendances in the Pediatric Emergency Department, *BioMed Research International*, Volume 2019, Article ID 4186486 <https://doi.org/10.1155/2019/4186486>
8. Stasinopoulou, F., Chletsos, M., Malli, F., **Mentis, M.** (2019): Transgender Differences in the Health-Related Quality of Life of the Elderly Living in the Community, *Interdisciplinary Health Care*, 11 (3): 1-13
9. Reppa, E., Elloul, I., Sakellaropoulos, G., **Mentis, M.**, Frounta, M., Polychronopoulos, P. (2018): Charges for caregivers of patients with dementia in the city of Patras, (published in *Elliniko Journal of Nursing Science - Hellenic journal of Nursing Science* as an award-winning original research paper at the 11th Panhellenic and 10th Pan-European Scientific and Professional Nursing Conference in Zakynthos)
10. Peppou, L., Kontoni, K., **Mentis, M.** (2016): "Host Family Programs for People with Serious Mental Health Problems - A Comparative Presentation of European (Geel - Belgium) and American (Massachusetts - H. PA) model », *Interdisciplinary Health Care*, vol.8(3): 89-98.
11. **Mentis, M.**, L.Messinis, E. Kotrotsiou, N. Aggelopoulos, C. Marneras, P. Papathanasopoulos, E. Dardiotis (2014): "Efficacy of a support group intervention on psychopathological characteristics among caregivers of psychotic patients", *International Journal of Social Psychiatry* :1-6
12. Gouva, M., **Mentis, M.**, Kotrotsiou, S., Paralikas, Th., Kotrotsiou, E. (2015). Shame and Anxiety Feelings of a Roma Population in Greece, *J Immigrant Minority Health*, 17(6):1765 - 70.
13. **Mentis, M.**, Angelopoulos, N., Kotrotsiou, E., Dardiotis, E. (2014): "Self-organization or unrelated caregivers of people with chronic mental health problems and a comparison of satisfaction with mental health services, *Interdisciplinary Health Care*, vol. 6 (4), Larissa: 167-178.
14. Pantelis Pantazakas, **Mentis, M** (2003): "The role of the Social Worker in the Emergency Departments of Hospitals - Intervention in crisis situations", *Social Work*, vol.72, pp. 71-80.

15. Pantelis Pantazakas, **Mentis, M.** (2002): "Social service in the field of health - The challenge of modernizing the National Health System and the role of the social worker", *Social Work*, vol. 66, pp.97-112.
16. Zografou Andreas / **Mentis Manolis** (2000): "The necessity of introducing intercultural education in the education of social workers", *Social Work*, vol. 58, pp. 97-108.
17. Zografou Andreas / **Mentis Manolis** (1998): "Extracurricular socialization and school learning - An empirical research in High Schools of Patras", *Social Work*, vol.51, p. 147-156.
18. **Mentis Manolis** (1997): "Social and cultural implications of the illegal presence of foreigners in Greece: Analyzes - Concerns", *Social Work*, vol.45, pp. 31-39.
19. **Mentis Manolis** (1996): "Possibilities of Social Work in the Army: Reflections-Perspectives", *Social Work*, vol.41, pp. 49-55

PARTICIPATION IN BOOKS - CURATOR

1. Panagiotopoulos, I., **Mentis, M.**, Zafeiropoulou, M., Tatani, E. (2020): "Fracture Liaison Services (FLS)" in "Metabolic Bone Diseases and Metabolic Disorders of Metals", Edited by G. Lyritis, Ylonomi Publications, 6th edition, Athens.
2. **Mentis, M.**, Kontoni, K., Lyggeridis, G. (2015): "Self-organization - self-management of users of mental health services and their families", in "THE CONTRIBUTION OF SOCIAL WORK IN AUDIOGRAPHIC AUTHORITY", Beta Publications, Athens.
3. **Mentis Manolis**, (2014). Editing of the book (total of pages 136): Educational material for candidates Guest Families for the mentally ill, for the Act of the Board of Directors. Patra 113/ 23-04-2012 - MIS 371373 «Support Actions implementing programs host families in sixth Health Region to consolidate psychiatric reform."
4. **Mentis Manolis**, Kontoni Kanella, Karnaros Leonidas (2013). Curator of the electronic guide " Step by Step organization and operation of the Family Hosting Program " first and second part (total of 160 pages) , for the program of SOPSPSY. Patras code MIS 371373 «Support Actions implementing programs host families in six the Health Region to consolidate psychiatric reform."
5. Gouva, M., Pashou, A., Karamanos, P., **Mentis, M.** (2008): Guidance Protocols for Health Professionals for the Treatment of Hepatitis A, B, C and AIDS in the context of the holistic approach - Counseling Intervention in patients and their families, 6th Health Region Peloponnese and Epirus, the Ionian Islands and Western Greece, Interreg III.
6. **Mentis M.**, Papageorgopoulos G., Pantazakas P., Kontoni K. (2002): "Elderly users of health services in the Emergency Departments of Hospitals - The necessity of expanding the institutionalized and strengthening LITERATURE of informal forms of social care", *C MODERN GERONTOLOGY & GERIATRIC* ", "SYNEDRON "Publications, pp. 108-112.

MONOGRAPHS

1. **Mentis Manolis (2008)**: "Investigation of the socio- psychological characteristics (family relationships, psychopathology, stress, shame and bond types) of Roma and their relationship with Primary Health Care", (Postgraduate Diploma Thesis, Medical School, University of Thessaly).
2. **Mentis Manolis** (2008): "Research report and presentation of results from empirical research to investigate health problems Corfu and user satisfaction n Health services", 6th DOE.
3. **Mentis, Manolis** (2008): "Research report on the investigation of hepatitis A, B and C in a random sample of 200 residents of Corfu ", 6th DOE.

4. **Mentis Manolis**, Asimakopoulou, I. (1993): "Greece as an immigration country - The necessity of intercultural education" (dissertation, p. 287).

ANNOUNCEMENTS IN CONFERENCE (in Conferences with judges)

1. Stolakis, K., Athanasopoulou, K., Dimakou, G., Kolokithas, G, Giannakou, E., Gardeli, P, Panagiotopoulos, E., **Mentis, M.** (2021): Factors that burden the Quality of Life of elderly at risk of falls, Abstracts of the 17th Congress of the European Geriatric Medicine Society, European Geriatric Medicine 12, S248. <https://doi.org/10.1007/s41999-021-00585-2>
2. Stolakis, K., Athanasopoulou, K., Dimakou, G., Kolokithas, G, Giannakou, E., Marlafeka, I., Panagiotopoulos, E., **Mentis, M.** (2021): Nutritional status and Quality of Life in elderly people with falls risk, Abstracts of the 17th Congress of the European Geriatric Medicine Society, European Geriatric Medicine 12, S332. <https://doi.org/10.1007/s41999-021-00585-2>
3. **Mentis, M.**, Athanasopoulou, K., Stolakis, K., Kolokithas, G, Plota, S., Sirmi, C., Chroni, E., Giannakou, E., Panagiotopoulos, E. (2020): Depression of elderly people in Patras during the lockdown measures of COVID-19, European Geriatric Medicine 11 (Suppl 1): S92, <https://doi.org/10.1007/s41999-020-00428-6>
4. Stolakis, k., Kokkalis, Z., Antoniadou, E., Kalivioti, X, Koloniari, A., **Mentis, M.**, Megas, P., Tyllianakis, M., Panagiotopoulos, E. (2020): The effect of vitamins Cyanocobalamin (B12) and 25-OH-vitamin D3 (D3) and anticholinergic drugs on balance and falls. Results from a geriatric patients sample in the clinic for fall prevention, osteoporosis and sarcopenia (C.F.P.O.S) of the General University of Patras, European Geriatric Medicine (2020) 11 (Suppl 1): S203, <https://doi.org/10.1007/s41999-020-00428-6>
5. **Mentis, M.**, Marneras, C., Daskalaki, X., Kesoudidou, I. Panagiotopoulos, E. (2020): The impact of frailty on the social support of elderly living in crete (Rethymno), European Psychiatry 63(S176), S45–S282, <https://doi.org/10.1192/j.eurpsy.2020.5>
6. Tatsis, F., Mazetas, D., Karamanis, K., **Mentis, M.**, Paschou, A., Kotrotsiou, E., . Gouva, M. (2020): The impact of monthly pension income on the psychosomatic health of elderly individuals, European Psychiatry 63 (S180), S45–S282, <https://doi.org/10.1192/j.eurpsy.2020.5>
7. **Mentis, M.**, Marneras, C., Kesoudidou, I. (2020): Investigating the impact of type II diabetes participation on patients' associations in their quality of life, European Psychiatry, 63(S189), S45–S282, <https://doi.org/10.1192/j.eurpsy.2020.5>
8. Stolakis, K., , Kokkalis, Z., , Antoniadou, E., Kalivioti, X., Koloniari, A., **Mentis, M.**, Kolionari, A., Megas, P., Tyllianakis, M., Panagiotopoulos, E. (2020): Relationship between vitamin cyanocobalamin (B12), 25-OH- vitamin D3 (D3) and anticholinergic drugs with fear of falls and falls. Results from a geriatric patient sample from the clinic of fall prevention, osteoporosis and sarcopenia (I.P.P.O.S.) of the University General Hospital of Patras (U.G.H.P.), Southern Europe Regional Expert Meeting of Fragility Fracture Network, Organised by the

- Regionalisation Committee of the global FFN, 24-25 October 2020, Digital Congress
<https://ffngr.eu/en/southern-europe-regional-expert-meeting-of-fragility-fracture-network/>
9. **Mentis, M.**, Kyriakides, A., Tzanos, A., Panagiotopoulos, E. (2019): Social support for patients with spinal cord injuries – The case of the clinical rehabilitation of the university of Patras, 19th WPA World Congress of Psychiatry, 21-24 August 2019, Lisbon, Portugal.
 10. **Mentis, M.**, Marneras, C., Garantoudi, A., Drakopoulos, F., Kesoudidou, I., Gouva, M. (2019): Comparison of aggression among informal caregivers of psychotic patients according to their participation in mental health association, 19th WPA World Congress of Psychiatry, 21-24 August 2019, Lisbon, Portugal.
 11. **Mentis, M.**, Paschou, A., Kotrotsiou, E., Gouva, M., Panagiotopoulos, E. (2018): General characteristics and burden of family caregivers of dementia patients and differences between sexes, 26th European Congress of Psychiatry (EV07 48), 3-6 March 2018, Nice France, European Psychiatry, Vol. 48, S693.
 12. **Mentis, M.**, Gouva, M., Kotrotsiou, E., Angelopoulos, N. & Dardiotis E. (2017). Compare "Family Atmosphere" in informal caregivers of patients with psychotic symptoms compared to their inclusion or not in self-help associations, 25th European congress of psychiatry, 1–4 April, Florence, Italy. European Psychiatry, Vol. 41, S381 DOI: <https://doi.org/10.1016/j.eurpsy.2017.02.411>
 13. **Mentis, M.**, Gouva, M., Antoniadou, E., Mpourdoulis, K., Kesoudidou, I., Marneras, C., Panagiotopoulos, E. (2017). Psychological and physical problems in elderly people with problems of falls, 25th European congress of psychiatry, 1–4 April, Florence, Italy. European Psychiatry, Vol. 41, S659 – S660E. DOI: <https://doi.org/10.1016/j.eurpsy.2017.01.1112>
 14. Lianou, L, Bavelou, A., **Mentis, M.**, Stolkakis, K., Diamantakis, G., Panagiotopoulos, E. (2017): Most useful and predictive indicator for mortality and quality of life in patients with osteoporotic fractures, 6th FFN Global Congress 2017,, PE 5-11 (p.129) , Malmö Sweden, 24-26
 15. Kyriakides, A., Tzavez, K., Cocos, X., Marina, R., **Mentis, M.**, Panagiotopoulos, H. (2017): Program Design lifelong monitoring people with spinal cord injury in Western Greece, 2th National Conference of the Department of Study and Rehabilitation of Spinal Cord Injuries of the Hellenic Society of Physical Medicine and Rehabilitation, November 24-25, Thessaloniki: 11
 16. **Mentis, M.**, Marneras, Ch., Stathis, K., Kontoni, K., Roussias, M., Gerolymos, V., Kokkini, P., Dimitropoulou, Ch., Triantou, V., Atoliko, N. (2014): Possibilities of implementation Programs host families in sixth DOE, 2th Conference of Mental Health in Primary Health Care, December 18-20, Concert Hall, Athens
 17. **Mentis, M.** (2013). " Social support to family caregivers with psychotic State - The need for networking in Associations for Mental Health", 1st National Congress of Mental Health in Primary Health Care, 10-13 October 2013, Athens.

18. Kotrsotsiou, S., Gouva, M., **Mentis M.**, Paralikas, Th., Koutsoumpa K. & Kotrsotsiou E. (2012). State and Trait Anxiety: Differences Between Men and Women Greek Roma, 1st International Conference on Cultural Psychiatry in Mediterranean Countries, Tel-Aviv, Israel, 5-7 November.
19. Paralikas, Th., Gouva, M., **Mentis M.**, Kotrsotsiou, S., Paschou, A. & Kotrsotsiou E. (2012). Distress Symptoms of Greek Roma, 1st International Conference on Cultural Psychiatry in Mediterranean Countries, Tel-Aviv, Israel, 5-7 November
20. Gouva M., **Mentis M.**, Mouzas O., Kotrotsiou E., Chatzoglou C. & Angelopoulos N. (2012). Social support for caregivers of psychotic patients. 20th European Psychiatric Association Congress, 3-6 March, Prague - Czech, DOI: [https://doi.org/10.1016/S0924-9338\(12\)75405-6](https://doi.org/10.1016/S0924-9338(12)75405-6)
21. **Mentis, M.**, Kotrotsiou, E., Angelopoulos, N.B., Kontoni, K., Malafouri, D., Mouzas, O. (2012): Comparison of families with a psychotic member included in Associations for Mental Health at its level social Support in relation to family members who are not integrated, 5th National 4th and the Pan Scientific & Professional Nursing Conference, 10-13 May, Corfu
22. **Mentis, M.**, Kotrotsiou, E., Angelopoulos, N.B., Kontoni, K., Peppou, L., Oikonomou, M., Gouva, M., Tsiouri, I. & Mouzas, O.D. (2012). Health problems in the Child Psychotic State, 4th National Psychiatric Congress in the First Section of Primary Health Care. 1- June, Kyllini, Ilia.
23. **Mentis, M.** (2011a). "Social support for caregivers of psychotic patients members of SOPSY Patras", 21st Panhellenic Congress of Psychiatry, 5-8 May 2011, Athens
24. **Mentis, M.** (2011b). "Opinions of members of the Association for Mental Health - SOPSY Patras on the problems they face as caregivers". 4th Panhellenic and 3rd Pan-European Scientific and Professional Nursing Conference, March 9-12, 2011, Athens
25. **Mentis, M.**, Kotrotsiou, E., Angelopoulos, N.B., Mouzas, O.D. (2011). Research on the problems experienced by caregivers Association for Mental Health", 3th Panhellenic Psychiatric Conference on Primary Health Care let. June 2 - 5, Kyllini, Ilia.
26. **Mentis, M.** (2011). Role of Social Worker in Psychosocial Rehabilitation Structures (D.P.S.A.), 3th Panhellenic Psychiatric Conference on Primary Health Care let. June 2 - 5, Kyllini, Ilia.
27. **Mentis, M.**, Kotrotsiou, S., Paralikas, T., Paschou, A., Mantzoukas, S., Bakouras, S., Kotrotsiou, E., Gouva, M. (2011). Family dynamics in Greek Roma; , 19th European Congress of Psychiatry, Psychiatry; P01-458, 26 (Supplement 1): 462-462. [https://doi.org/10.1016/S0924-9338\(11\)72169-1](https://doi.org/10.1016/S0924-9338(11)72169-1)
28. **Mentis, M.**, Kotrotsiou, S., Paralikas, T., Paschou, A., Mantzoukas, S., Bakouras, S., Kotrotsiou, E., Gouva, M. (2011). Family environment: Differences between men and women Greek Roma, 19th European Congress of Psychiatry, European

Psychiatry; P01-458, 26 (Supplement 1): 472-472. DOI: [https://doi.org/10.1016/S0924-9338\(11\)72179-4](https://doi.org/10.1016/S0924-9338(11)72179-4)

29. Albani, E., Gouva, M., Ntafogianni, X., Theodorakopoulou, C., **Mentis M.**, Kotrotsiou E. (2010). "Transient and permanent Anxiety parents Children with Diabetes Mellitus type I", 3th National Science and Professional Nurse Conference, Ioannina April 30-May 3.
30. **Mentis, M.** (2010). 'Host family - The operating necessity of the institution', 3th National Scientific and Professional Nursing Conference, Ioannina April 30-May 3.
31. **Mentis, M.** (2010). Family and Mental Illness, 4th Panhellenic Conference of Chronic Care Care Scientists, November 9-11, 2010, Larissa
32. **Mentis, M.**, Gouva, M., Kotrotsiou, E., Xiromeriti, A., Chronopoulou, M., Serifis, Ch., Zante, P. (2010). Roma Health Issues and Their Views on Health Issues, 4th Panhellenic Conference of Chronic Patients Care Scientists, November 9-11, 2010, Larissa
33. **Mentis, M.** (2009). "Issues of social care", 2nd Conference of the Hellenic Nurses Association and the 1st European Conference of Nurses, May 14, 2009, Rhodes
34. **Mentis, M.**, Kotrotsiou, E., Sapountzi, D., Gouva, M. (2008). What psychosocial difficulties arise in patients Roma lives due to heart disease?, 4th Nursing Session, ICE 2008, Ioannina, 4-6 December.
35. **Mentis, M.** (2007). "Investigation of stress in nursing staff of hospitals in Patras and Larissa", 2nd Panhellenic Conference of Patients Care Scientists, November 7-19, 2007, Larissa
36. **Mentis, M.** (2007). "Experiential Health Research through Continuing Training Programs for Unemployed Health Professionals - Investigating the Holistic Approach and Employees' Perspectives on Health & Welfare Professional Employment Perspectives", 9th Panhellenic Conference and Society for Service Management, organized by the Scientific Society of Health Services Management, October 4-7, 2007, Corfu
37. **Mentis, M.** (2006). "Study of the factors that affect the Quality of the services provided, in the Psychiatric Department of the University General Hospital of Patras (PGNP)", 7th Panhellenic Professional & Scientific Conference of NSS Nurses, September 28-30, 2006.
38. **Mentis, M.** (2006). "Comparative research of the change in the Quality of the provided health services and the unintentional prosecutorial orders in the Psychiatric Department of the University General Hospital of Patras", 7th Panhellenic Professional & Scientific Conference of NSS Nurses, September 28-30, 2006.
39. **Mentis, M.** (2006). "Data on the effectiveness of Continuing Education Programs in the field of Health Professions", 8th Panhellenic Conference on "Management of Health and Social Care Services", organized by the Scientific Society of Health Services Management, September 28-30, 2006, Eretria.
40. **Mentis, M.** (2006). "Psychiatric Reform: Progress or Maintenance - An Experimental Survey of Health Professionals in Patras", 8th Panhellenic Conference on "Health and Social Care

- Services Management", organized by the Scientific Society of Health Services Management, September 28-30, 2006.
41. **Mentis, M.** (2005). "Views of health professionals on hospital social workers. A comparative empirical research on interdisciplinary collaboration in the field of Health ", 7th Panhellenic Conference on " Management of Health and Social Care Services ", organized by the Scientific Society of Health Services Management, October 5-7, 2005 - Porto Heli.
 42. Kontoni , K., Gouva , M., **Mentis , M.**, Manolakou , S., Bouranda , P., Galpakiotis , M. (2001). The role of identities mother and daughter on physical health, *28th National Conference of Nursing* , Lemnos.
 43. **Mentis M.** (1997). "Extracurricular socialization and school learning", 2nd joint conference of Greek-Cypriot Social Workers, May 1997, Kolymbari, Chania

PRESENTATIONS AT CONFERENCES, SEMINARS, SYMPOSIUMS AND WORKSHOPS (keynote speaker)

1. June 13, 2021: Participation as a guest speaker in the e-conference entitled "Awareness for the support of the elderly in the era of COVID-19" of the Panhellenic Association of Physiotherapists on the topic: "Abuse - Neglect of the elderly during the Pandemic"
2. November 24, 2020: Participation in the web conference of the Region of Western Greece on: "Effects of Covid19 on the Mental Health of the Society", The title of the lecture was: "The impact of the pandemic on the self-perception of health of older people"
3. November 26-27, 2019: Participation as a guest speaker in the Two-Day Interdisciplinary Symposium organized by the Clinical Observatory for the diagnostic assessment of addictions in collaboration with the Department of Education and Social Work of the University of Patras. of Health Illiteracy in the Elderly - The "social experiment" of the School of Healthy Aging of the Hellenic Network of Fragility Fractures (FFN GR) ", Argyri Market, Patra
4. November 10, 2019: Participation as a guest speaker in the conference of the Panhellenic Association of Physiotherapists on: "Physiotherapy in Mental Health" with a presentation: "The role of the Social Worker in Mental Health", Archaeological Museum of Patras
5. 07 June 2019: Participation as a guest speaker in the 11th Hepato-gastroenterological event on: "The need to support informal caregivers of patients with chronic diseases. Thoughts on ways of support ", Lefkada
6. 18-20 October 2019: Participation as a guest speaker in the 4th Panhellenic Conference of Health Scientists on: "The need to support informal caregivers of patients with chronic diseases - Health professionals as peer support trainers", War Museum, Athens
7. April 18, 2019: Coordinator in the National meeting of the Advantage initiative on: "Planning actions for the prevention and management of Vulnerability 2020-2030". The workshop I coordinated was: "Provision of Health and Social Care Services", Ministry of Press Amphitheater, Athens
8. October 23, 2015: Lecture on the presentation of my Doctoral dissertation: "Investigation of the impact of psychosocial factors on health and in general on the quality of life of families with schizophrenic members" as a graduate of the Postgraduate Program "Primary School"
9. May 30, 2014, Patras: Lecture in the context of the European Program of SOPSY Patras with code MIS 371373 "on the presentation of the Program" Support actions for the implementation of Host Family Programs in the 6th Health District ", University Conference Center
10. December 10, 2012, Ioannina: Participation in the career day of the Department of Nursing at the TEI of Epirus within a program funded by OP. EDUCATION AND LIFELONG LEARNING of the Ministry of Education.
11. 16-19 November 2011, Serres: Lecture as a trainer at the 3rd Panhellenic Training Seminar for Mental Health Services, Carers and Mental Health Professionals of the Association of Families and Friends for Mental Health (SOF). Serres entitled: "The difficulty of

communication. Major issue in the development of healthy interpersonal, social and working relationships"

12. December 2, 2008, Patras: Lecture at a conference of the National Rehabilitation Foundation in the context of the day for people with disabilities on the topic: "Volunteering and Social Care"
13. October 12, 2008, Patras: Lecture at a conference of the Municipality of Patras on Roma issues on: "Roma health problems and their views on health issues".
14. September 24, 2008, Patras: Lecture at a meeting of the 6th Health District on: "Problems in providing comprehensive care to the disabled and the chronically ill - The dimension of Social Care in the context of Public Health for the Disabled"
15. November 2000, Kallikomo, Ilia: Lecture at the two-day Health Education organized by the Municipality of Skillountos, Ilia, on the topic: "Family relationships: relationships between spouses, relationships between parents and children, relationships between siblings".
16. June 1999, Athens: Lecture at the conference "Utilization of the Family in the treatment of substance abuse" organized by the scientific committee of the Psychiatric Hospital of Attica, on the topic: "Professional counseling for drug addicts"
17. November, 1996, Patras: Invited speaker from the Department of Social Work of the TEI of Patras in the framework of the Symposium on "50 years of training in Social Work in Greece - Perspectives" on: "Possibilities of Social Work in the Army".

MEMBER OF THE EDITORIAL COMMITTEE AND REVIEW OF SCIENTIFIC JOURNALS

1. Electronic Scientific Journal "Interscientific Health Care".
2. Reviewer in the magazine: "Archives of Gerontology and Geriatrics" (Impact Factor year 2019 2,128)

MEMBER OF SCIENTIFIC COMMITTEES OF SCIENTIFIC CONFERENCES - SEMINARS - SYMPOSITIES

1. Member of the Scientific Committee of the 3rd Conference of the Hellenic Network of Fragility Fractures on the topic: "Secondary Prevention of Fragility Fractures", 16-17 October 2021, Online conference
2. Member of the Scientific Committee of the 2nd Conference of the Hellenic Network of Fragility Fractures entitled: "Necessity of Interdisciplinarity and Networking", 13-15 November 2020, Online conference
3. Member of the Scientific Committee of the 7th Panhellenic Conference of Chronic Care Professionals, October 20-22, 2017, Ancient Olympia
4. Vice President of the Scientific Committee of the 6th Panhellenic Conference of Chronic Care Professionals, October 22-24, 2015, Lake Plastira
5. Member of the Scientific Committee of the Conference of SOPSY Patras in co-organization with the Departments of Social Work and Nursing of the TEI of Patras on the topic: The perspective of the institution of Host Family Programs for the mentally ill in Greece. Possibilities for implementation in the 6th Health District, May 30, 2014, Patras
6. Member of the Organizing Committee of the 5th Panhellenic Conference of Chronic Care Professionals, March 28-30, 2013, Larissa
7. Member of the Organizing Committee of the 4th Panhellenic Conference of Care Professionals for Chronic Patients, 9-11 November 2010, Larissa
8. Member of the Organizing Committee of the 3rd Panhellenic Conference of Chronic Patients, 18-20 November 2008, Larissa.

CHAIRMAN ON SCIENTIFIC TABLES CONFERENCES - SEMINARS - WORKSHOPS

1. Chair of the Scientific Round Table on the topic: "Elderly Care Networks in Greece - Organization of a Fracture Management Team", 2nd Conference with international participation of AMKE "Hellenic Network of Fragility Fractures - FFN GR 2020, 13-15 No.
2. Chair of the Scientific Round Table on: "Care in the Community", 1st Conference with international participation of AMKE "Hellenic Network of Fragility Fractures - FFN GR", March 14-16, 2019, Conference Center of the University of Patras, Patras.

3. Chair of the Scientific Round Table on: "Good Practices in the care of the elderly and the chronically ill" 7th Panhellenic Conference of Chronic Patients (2017), October 20-22, Ancient Olympia.
4. Chair of the Scientific Round Table on: "Patients' Associations and protection of rights" 7th Panhellenic Conference of Chronic Care Scientists (2017), October 20-22, Ancient Olympia.
5. Chair of the Scientific Round Table on: "Social care of the chronically ill and socially vulnerable groups" 6th Panhellenic Conference of Chronic Chronic Care Scientists (2017), October 22-24, Lake Plastira.

EVALUATOR IN CONTINUOUS TRAINING PROGRAMS

1. Evaluator in a program of K.E.K. of the General Hospital of Piraeus "TZANNIO"
2. Evaluator in a program for addicts of the Addiction Unit 18 ANO of the Psychiatric Hospital of Attica
3. Assessor of the Internship of students in the framework of the program Ε.Π.Ε.Α.Ε.Κ., Action 3.4.B of the Department of Social Work of the TEI of Patras (1/4/2000 to 30/9/2000) .

MONOGES

1. Mentis Manolis (2008): "Investigation of the socio-psychological characteristics (family relationships, psychopathology, stress, shame and types of relationship) of Roma and their relationship with Primary Health Care", (Postgraduate thesis, Medical School of the University of Thessaly »).
2. Mentis Manolis (2008): "Research report and presentation of results from the empirical research for the investigation of health problems in Corfu and the Satisfaction of users of Health services", 6th RAE.
3. Mentis, Manolis (2008): "Research report for the investigation of hepatitis A, B and C in a random sample of 200 inhabitants of Corfu", 6th RAE.
4. Mentis Manolis, Asimakopoulou, I. (1993): "Greece as a country of immigration - The necessity of intercultural education" (dissertation, p. 287).

WRITING TEACHING NOTES

1. Mentis, E. (2016) Organization of the educational material for the course: "Patients' Associations" of the Postgraduate Program of the Hellenic Open University and the Medical Department of the University of Thessaly entitled: "Management of Aging and Chronic Diseases".
2. Zografou, A., Mentis, M. (1997): Extracurricular socialization and School Learning, Notes of the Department of Social Work for the course School Social Work.

PARTICIPATION IN WORKSHOPS

1. (December 2013-April 2013) Organization and participation in 15 workshops in the following hospitals: G.N. Laconia, G. Corinth Hospital, Panarkadiko General Hospital of Tripoli, General Hospital of Argostoli, General Hospital of Etoloakarnania, General Hospital of Ilia, General Hospital of Argolida, General Hospital of Messinia, General Hospital of General Hospital of General Hospital of Patras, General Hospital of General Hospital of Patras Filiates hospital, General hospital of Corfu, Zakynthos General hospital under the act with MIS code 371 373, entitled: "SUPPORT ACTIONS FOR THE IMPLEMENTATION OF FOSTER FAMILIES' PROGRAMS IN THE 6th HEALTH REGION FOR CONSOLIDATION OF PSYCHIATRIC REFORM".

PARTICIPATION IN ASSOCIATIONS / SCIENTIFIC ASSOCIATIONS

1. (2018) Founding member of NGO "Hellenic Network for the Treatment of Fragility Fractures" FFN GR member of the Global Fragility Fracture Network (FFN) Global
2. (2018) Member of the Association of Social Workers of Greece (SKLE)

3. (2014) Elected member of the Local Branch of SKLE (scientific association) of Achaia, Etoloakarnania and South Ionian Islands.
4. (2013) Elected Vice President of the Association of Alumni of the Postgraduate Program "Primary Health Care".
5. (2013) Member of the Association of Friends of the Spinal Cord Injury Rehabilitation Center of Vera & Dimitrios Sfikas of the University General Hospital of Patras. In the period 2015-2018 vice president

VOLUNTEER ACTION

1. (2021): Friend and supporter of the Social Cooperative Enterprise of Collective and Social Benefit "Healthy Living Lab".
2. (2015): Member of the volunteer group "Social Workers Initiative Group in Order" to avoid the dependence of children and adolescents on the Internet and their safe navigation.
3. (2010-2014): Volunteer and Consultant of Organization and Planning of the Association of Families for Mental Health - SOPSI Patras.
4. (1991 until today): Voluntary blood donor in the Blood Donation Department of the University General Hospital of Patras

REFERENCES FROM OTHER AUTHORS (Researchgate, Google Scholar , Scopus)

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<https://scholar.google.com/citations?user=u5qGUe4AAAAJ>
<https://orcid.org/0000-0002-0122-9777>